



Mission Statement

Most Blessed Sacrament Catholic School, serving students in the eight sponsoring parishes of the region in grades pre-kindergarten to eight, is dedicated to excellence in education by developing life-long learners and leaders. We foster a faith-filled environment in partnership with families, emphasizing reverence, respect, and personal responsibility in the traditional spirit of Christian teaching.

March 14, 2019
Phone: 410-208-1600
Fax: 410-208-4957

*While he was praying his face changed in appearance and his clothing became dazzling white. And behold, two men were conversing with him, Moses and Elijah, who appeared in glory and spoke of his exodus that he was going to accomplish in Jerusalem.
Luke 9:29-31*

Dear Parents and Guardians,

SCHOOL CLOSED TOMORROW, MARCH 15 FACULTY RETREAT

Tomorrow, March 15th, schools will be closed for students while our faculty and staff participate in our annual retreat day. Our day will begin with Mass and Eucharistic Adoration at St. John Neumann Church. We will then be led in a Lenten Reflection by Father Solomon (Associate Pastor, St. Edmond Parish). Our faculty will complete service projects to support those in our community who need our prayers and support. Our day will culminate with a presentation by Jess Hagy on the topic of meeting and surviving daily challenges.

Wednesday, March 6th began the Season of Lent.

1. The Season of Lent is a time of atonement, reflection and preparation.
2. Ash Wednesday and Good Friday are days of fast and abstinence.
3. All Fridays in Lent are days of abstinence only.

Church Law requires:

- The law of abstinence (not eating meat) obliges those who have completed their fourteenth year.
- The law of fast (only one full meal each day, nothing between meals) obliges those who have completed their eighteenth year until the beginning of their sixtieth year.
- Proportionately grave inconvenience excuses from the laws of fast and abstinence.

The substantial observance of these laws is a grave obligation.

- Anyone who neglects all forms of penance violates divine law and is guilty of grave sin.
- Anyone who occasionally violates the law of fast and/or abstinence is not guilty of sin.

RICE BOWL

During Lent, our church encourages us to build a closer relationship with the Lord through prayer, fasting and almsgiving. In order to provide an opportunity to our families to join us in almsgiving, our school will participate in the Operation Rice Bowl program that is sponsored by the Catholic Relief Services. In doing so, we join Catholic families across the globe in responding to God's people who are in need. Each family received a "rice bowl" box last week. We ask that you fill it with change and plan to return it to MBSCS during Holy Week. Thank you, in advance, for whatever you can do in this regard. May God bless us with a holy

Lenten Season as we move forward to the Triduum and the glory of Resurrection.

NEW DATES!



Annie, Jr. is around the corner. Performances are as follows:

- Thursday, March 21st at 6:00 p.m.
- Sunday, March 24th at 2:00 p.m.

These performances are free of charge. Doors open 30 minutes prior to showtime.

STUDENTS PARTICIPATED in DELAWARE FUN-A-DAY



Máximo Castellanos (fourth grade) and Octavio Castellanos (third grade) participated in the Delaware Fun-A-Day artist event for the 3rd time this year. Máximo made drawings and his brother, Octavio, created a clay sculpture of each drawing. Delaware Fun-A-Day encourages local artists to make a piece of art each day for an entire month and share their artwork at a community exhibit. This year, 253 creators participated to make 28 pieces during the month of February. Opening Night for Delaware Fun-A-Day was on Friday, March 8th at the Center for the Creative Arts in Hockessin, Delaware. The art exhibit is also open March 9 -17 from 9:00 am - 1:00 pm each day. Mrs. Castellanos shared, "We are so thankful for the amazing arts integration and arts inspiration that MBS provides all of our children."

YOUTH FITNESS CHALLENGE

The Marine Corps League will, once again, sponsor the Youth Fitness Challenge for our students in grades 3rd through 8th. We appreciate the time, energy and resources that the Marine Corps League dedicates to our students' well being and physical health. We are looking forward to their visit. Semper Fidelis!



MARK YOUR CALENDARS!

Showtimes for Lion King, JR

- Friday, April 5th at 7pm
- Saturday, April 6th at 7pm

Tickets for *The Lion King, Jr.* will be available for pre-purchase by sending in a request for tickets stating the night you want to attend to school office or they will be available at the door. Tickets are \$5 for adults and students. Doors will open at 6:30 p.m. the Friday and Saturday night shows.

WE WOULD LOVE YOUR HELP - EARN FIP HOURS

There are a few ways to earn FIP hours in the coming weeks.

Lion King - Contact Mrs. Selba, jsselba@mbscs.org

Car Raffle Ticket Sales (see below)

Also, lunch and recess duty (between 11:10 am and 12:12 pm) is always a great way to help throughout the year. Thank you for your continued support!

WE NEED YOUR HELP PLEASE!

With our MBS Kia Rio Car Raffle drawing just two months away, we are asking our families to help sell tickets. Selbyville Holly Kia generously donated a car or \$10,000 cash for MBS to raffle. Tickets are just \$5 for one, \$20 for five and \$50 for 13. Take them to work, share the online sales link (listed below) with all of your friends and family, whatever you can do. We

have more tickets in the office, simply email Mrs. Evans at aevans@mbscs.org. She will make sure they go home with your child. The funds we raise from this raffle go directly to support advancements in technology for our students. We are thrilled that each of our eight parishes have been so kind to allow us to sell tickets after Masses. More dates to sell tickets have been added to Sign-Up Genius. This is a fun way to earn FIP hours! Sign up at the following link, <https://www.signupgenius.com/go/10c0f4fa8af29aafa7-caraffle>

Tickets are currently on sale in the office and through this link: <http://events.constantcontact.com/register/event?llr=xryz7ocab&oeidk=a07efunam700a691365>



WEIGHT LOSS CHALLENGE BOOT CAMP

**SHAPE
UP FOR
SUMMER!**

**WEIGHT LOSS
FITNESS
CHALLENGE
BOOT CAMP
FOR ALL AGES &
FITNESS LEVELS**

Let's do this
together!

Healthy!
For the whole
family!

Prize will be
awarded for the
biggest loser!



March 20, 2019 - May 29, 2019

10 weeks, no class April 24

Wednesday 6 - 7 pm @ MBS Gym

Only \$199 per person

50% of the proceeds go to MBS

Initial Weigh In & Body Measurements

Weekly Class and Workout Plan

Weekly Weigh In

Private Facebook Group

Meal Plan Ideas

Contact Robyn Bosley to Register @ robynbosley@gmail.com
All payment made to Fitness Craze via Check or Venmo.

HSA is excited to launch our new Fundraiser. Please consider joining us for our first ever Weight Loss Fitness Challenge presented by Fitness Craze. Fitness Craze owner's Mel & Kim Royster have graciously offered to give 50% of their profits back to MBS. The Fitness Craze's mission is to provide the required connection between mind, body and soul needed to achieve success that leads to living a healthier, fuller lifestyle. In addition, their goal is to help make our community a healthier place for adults and children of all ages.

The Fitness Craze's Mel & Kim Royster (certified personal trainers) would like to invite you to join us for a 10 week weight loss program being offered at MBS on Wednesday evenings from 6pm-7pm weekly. The class will not only involve a circuit based training class but nutritional support to assist you with your weight loss and strength goals. The trainers will be in constant contact with the group throughout the week to answer questions and to keep everyone on a healthy & nutritional path. The class is designed for all fitness levels through a challenging and thoughtful full body exercise program. This challenge is open to everyone in the community so bring a friend! If we have enough interest, we can also offer a drop in rate to attend the workout portion of the Fitness Challenge.

Dates: March 20th - May 29th (No class April 24th)

When: Wednesday evenings 6pm-7pm

Where: MBS gymnasium

Contact: Robyn Bosley robynbosley@gmail.com to sign up!

Cost: \$199 only \$20 a week to look & feel better!

The person who "loses" the most will win a gift from the HSA!

Please contact Robyn Bosley with any questions robynbosley@gmail.com.

50% of the proceeds will be generously donated to MBS for the enrichment of our students!

The HSA would like to thank you for your continued support!



Please alert the office and your child's teacher if you are going out of town and your children will be taken care of by someone other than their parents. Included in the memo should be whom to contact and all of their contact information in case of an emergency or if the student becomes ill.



COUNSELING CORNER

This week I visited with the Pre-3 and Pre-4. We had a lesson on Listening and Showing Respect for others. We discussed the Golden Rule - Treat others as you would like to be treated. We discussed how to be a good listener and to practice these skills at home and school.

Lunch Bunch- I have begun having small groups in the 3rd and 4th grade in my room to share lunch together. We will try this once a week, so everyone gets a turn. We will eat together and have casual conversation. This is a fun way for everyone to know where my room is and for them to realize my door is open for them in times of need. If you have any questions, please contact me at tgabbard@mbscs.org .



MARINE CORPS LEAGUE- YOUTH PHYSICAL FITNESS:

The Marine Corps League will conduct their annual Youth Physical Fitness (YPF) Challenge on Wednesday, March 20 and Friday, March 22. On these two days, our 3rd-8th grade students will participate in several different fitness challenges during their regular P.E. time.

10 WEEK ADULT FITNESS PROGRAM AT MBS:

The HSA is offering a 10-week fitness program in the MBS Gymnasium. It will be led by Kim and Mel Royster of Fitness Craze. It is a great way to get in shape and support the school! For more information or to sign up, please contact Robyn Bosley: robynbosley@gmail.com.

Dates: March 20th - May 29th

When: Wednesday Evenings 6pm-7pm

Where: MBS Gymnasium

Cost: \$199 only \$20 a week to look & feel better!

50% of the proceeds will be generously donated to MBS for the enrichment of our students!

The person who "loses" the most will win a gift from the HSA! Please dress in fitness attire and bring a bottle of water and a towel.

EMERGENCY CLOSINGS AND DELAYS

As in the past, parents and guardians will be notified of emergency closings and delays through our School Messenger notification system. Because of this, it is VERY IMPORTANT that we have your updated contact information as soon as possible. In the case of delayed openings or school closing, parents will receive a recorded phone call and a text message on their cell phones. In the case of an emergency early dismissal, calls will be made to the parent's landline, cell and emergency numbers.

Calls regarding delayed openings and school closing will be made by 5:45 a.m. Closings and delays will also be posted on WBOC, WMDT, and Froggy99.

IMPORTANT DATES

15th	Faculty Retreat Day- School Closed for Students
21st	<i>Annie</i> Production 6:00 p.m.
24th	<i>Annie</i> Production 2:00 p.m.
25th	<i>Annie</i> Production 1:00 p.m.
27th	Professional Development- School Closed for
Students	

PARISH NEWS

St. Ann

Donut Sundays are back at St. Ann's Church in Bethany...please join your fellow parishioners after the 10:30am Mass for FREE delicious donuts from Hocker's, hot coffee and fresh orange juice. The last date for 2019 is: 4/14.

We need families to volunteer to help set up, serve, and clean up so if you would like to help, please email Anne Flaherty at annemvogel@aol.com
You can earn FIP hours as well.

St. John Neumann

Parents of 2nd graders: Our next gathering will be the Parent only meeting for the newbies on Sunday 24 March from 10-11AM at MBS.

Confirmation 2019: Our next gathering will be Sunday 7 April same time and place.

VBS Dates change alert! Our Vacation Bible School dates have been changed due to a scheduling conflict. The new dates will be July 15-19th from 9AM-Noon. We hope that many of you will be able to join us in the fun!

You Are Invited!

Interest/Information Night

Wednesday March 20 at 6PM in SJN library

The Women of Grace® Study Program is designed to teach women about God's mission and purpose for them. In a group study format with video lectures by Johnnette Benkovic, host of the Women of Grace® television and radio programs, women explore the fit of prayer, Sacred Scripture, Catholic Church documents and teachings, the Catechism, the lives of women saints, and the example of the Blessed Virgin Mary.

Fed spiritually, intellectually, and emotionally through the Study Program, women are lead to embrace their gift of authentic femininity TM as daughters of God. The Women of Grace® Study Program equips them to fulfill their call and mission in their homes, parishes, communities, and in the world today!
Come to hear more of what it's all about....

Lenten Dinner - Friday 22 March from 5-6:30 @ MBS. Pizza, soup and salad from Denovo's. Adults \$10 Children 12 and under \$5. RSVP to parish office no later than 18 March 410-208-2956.

Most Blessed Sacrament Catholic School provides rigorous and technologically relevant instruction that is intentionally integrated with Catholic identity. Together, as Pastors, administrators, teachers and parents, we nurture the development of the mind, the body, and the soul, in each of our students. Our students are able to make sound decisions based upon the teachings of Jesus Christ and modeled upon the lives of the saints. As a faith and learning community, we teach students a passion for the truth and a love for discovery and knowledge. Our students are prepared to relate their Catholic faith to their culture and actively live their faith as members of the greater community.