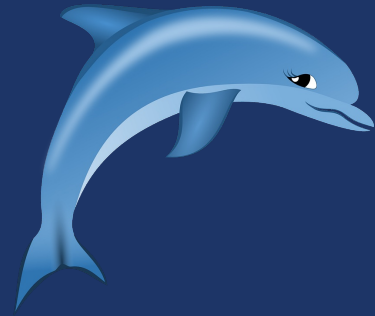


# Dolphin Days



*IT'S A GREAT DAY TO BE A  
DOLPHIN!  
March 26, 2020*



[Visit our website](#)



**Good Afternoon,**

**These past two weeks have been challenging for all of us; teachers, staff, students, and families. Please know that I have been meeting virtually with teachers, to support their efforts, hard work and dedication. Our teachers are working hard to become innovative in using technology so that we can continue to provide the quality instruction they have been provided in the past, but in a new and different format that is appropriate, meaningful and reasonable.**

**I want to assure you that we will remain and will continue to remain in daily contact, with each other and with our students. Student work will be monitored. We ask that you support these efforts to keep our students on track, check their work, set up a routine for them to follow daily. This is our new Lent, the challenge is to work through this coronavirus the best we can. Everyday has been a sacrifice, a sacrifice that we may offer up to the Lord. I pray that this storm comes to an end so that we may come together and look back on this with a sense of pride in the fact that "WE DID IT!"**

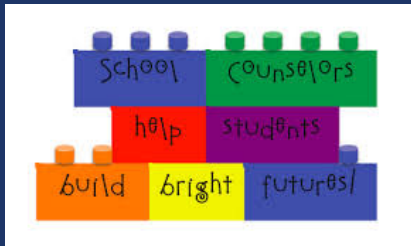
**Please continue to tune in every morning for our morning announcements at 9:00 am. I certainly have a greater appreciation for the Middle School Students who have produced them in the past and I look forward to them taking over in May!**

Tuesday Tales seems to be working out, if you have not done so, please join us every Tuesday evening at 7:15 pm where I read a story and we say a prayer before bed.

Both morning announcements and Tuesday Tales are available to view on Facebook.

Please reach out to any of us if you feel overwhelmed, in need of direction etc. Stay safe, pray for the ill, and each other as we all have individual challenges to face now and in the days ahead. May God Bless our families! It is a great time to be an MBS Dolphin!!!!!!

Kathy Manns



## Counseling Corner

MBS parents and staff, I hope you all are doing well during this time. I want to spread some reminders of self-care during this stressful time! Make sure you all take some time to relax and breathe! We are all in uncharted territory, but we are all in this boat

together. We are here for each other. There is a great free app called Insight Timer. It includes relaxation exercises for adults and children. Check it out! Please reach out if you need to talk or your child needs to talk [tgabbard@mbscs.org](mailto:tgabbard@mbscs.org). Love and prayers to everyone! - Theresa Gabbard

## Let's Support our MBS Family Businesses

At this time and always, we need to support one another as much as possible. Please take a look at our Family Business Directory on our website. Many restaurants are still open and stores are offering online deals. If you have a family business that you would like to promote, please email Mrs. Evans at [aevans@mbscs.org](mailto:aevans@mbscs.org). She also plans to promote deals on our social media platforms. We want to help our families up as much as possible.

<https://mostblessedsacramentschool.com/md-catholic-private-school-community/worcester-county-md-school/mbs-businesses/>

## NON-MBSCS FLYER

[Tele med](#)



