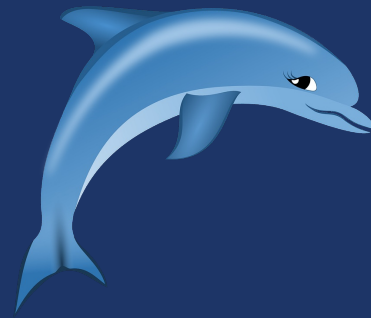


Dolphin Days



*IT'S A GREAT DAY TO BE A
DOLPHIN!
May 7, 2020*



Visit our website

Good afternoon,

Next Wednesday, May 13, 2020, you are invited to join Bishop Malooly for a live-stream School Mass at 10:00 am. Bishop Malooly will be celebrating Mass for Catholic school students and their families. May 13th is the Feast of Our Lady of Fatima. We invite all our students to participate and will suspend academic instruction for this wonderful celebration. Tune into www.YouTube.com/DioceseOfWilm. All are welcome!

I hope you have enjoyed guessing our teacher workspaces and baby pictures on our MBS Facebook pages this past week. Speaking of Facebook, it was entertaining to watch Mrs. Hayes and her daughter, Theresa, gives us a science lesson the other day on physical changes. They did a great job!

Moving forward, teachers and parents are working together to plan graduation activities for both Kindergarten and 8th grade. As soon as plans are finalized and approved we will share with you the details.

It is wonderful to see some of the awesome projects, presentations and work being done by our students. We appreciate the positive feedback that we are getting from many of our parents. I especially appreciate the hard work that our dedicated teachers are doing to help facilitate this new learning process. Know that we all are looking forward to when we are back together in the building.

Thank you to all who donated on Tuesday to MBS on Giving Tuesday. We are humbled by your support.

Please remember to sign up for smile.amazon.com, it is simple and easy and profitable for MBS.

Our MBS Morning Announcements and Prayers, airs daily, Mon.-Fri., at 9 am, Tuesday Tales and Prayers, airs each Tuesday at 7:15 pm, and opportunity to pray the Rosary together, airs each Friday at 7 pm, are all planned to continue through the end of the school year. They are aired live on Facebook. We share the announcements and story currently via Constant Contact for our families that do not use social media.

Let us keep each other in our prayers, along with the service providers working hard to bring about normalcy to our lives.

It is a great time to be an MBS Dolphin!

Mrs. Kathleen Manns

Counseling Corner

May is Mental Health Awareness Month! We all need to take care of our Mental Health, especially during these stressful times!

**I am here for you,
contact me at
tgabbard@mbscs.org**

**Love and prayers,
Theresa Gabbard**



How to Foster Your Child's

MENTAL HEALTH

MAY - MENTAL HEALTH AWARENESS MONTH

- *Actively listen*
- *Be present*
- *Respond calmly during elevated emotions*
- *Regularly encourage, support and praise your child*
- *Encourage learning from natural consequences*
- *Have scheduled family time*
- *Incorporate family rituals/traditions*
- *Teach your child coping mechanisms*
- *Encourage independent learning*
- *Create a home routine*
- *Listen first, talk second*
- *Acknowledge positive decisions*
- *Provide a safe environment*
- *Encourage play and exercise*
- *Make sure your child gets enough rest*
- *Show love and affection every day*
- *Practice mindfulness*
- *Praise effort, not achievements*
- *Let your child express their emotions*
- *Eat healthy meals*
- *Play with your child*
- *Let them know you are always there for them*
- *Actively talk about emotions and feelings*
- *Practice patience*
- *Accept mistakes*
- *Model healthy behavior*
- *Have your child recite affirmations*



ROCKITMAMA.COM

Recommend a New Family and Receive a \$100 Discount on Tuition

Word of mouth is by far the best form of advertising in the world. Your kind words and thoughtful recommendations help our community grow each year. To thank you for your support, we would like to offer a sign of gratitude. For every family that registers their child(ren) at MBS for the 2020-2021 academic school year on your recommendation, we will refund your \$100 re-registration fee. It will be adjusted on your tuition cost. We love our families and pray for you each day.

Dear students and families,

Thank you so much for the cards, emails and messages on Facebook wishing us a Happy Nurses Day. Your kind words truly mean a

lot. It is our pleasure helping you stay healthy!♥

With love from your nurses,
Mrs. Mumford and Mrs. Carlson

“ Look how much you've already managed to adapt to. Look how resilient you've already been. There's no "right" way to respond to this because it's never, ever happened before. Give yourself some credit. ☆ There's no one in the whole world who has this figured out yet. So it's absolutely okay if you don't either ♥ ”
mellow doodles

YEARBOOK ORDERS

Reserve your Copy of the 2019-2020 MBS Yearbook - Quantities are Limited

Please feel free to mail your payment of \$35 per yearbook along with the name of the student that will receive a copy to the school at 11242 Racetrack Road, Berlin, MD 21811.

They will be delivered before we return.



2020/21 Home School Association Board Nominations

Do you love MBS? Would you like to become more involved and establish meaningful relationships with other families? Would you like to share your insight and experience to help continue to fulfill the mission of MBS? If you answered yes to any of those questions, the HSA needs your help for the 2020-2021 board. Please complete the survey in the link below to nominate yourself or someone else for any of the HSA executive board positions. Volunteering for any of these positions will create a lasting impression on the education of our students.

HSA Nomination

PRAY A NOVENA WITH US



Join our Diocese, beginning on Saturday, May 2, praying a Novena in response to the Coronavirus. Please see the attached document for all of the prayers. It is also listed on our website under the newsletters tab. Mrs. Selba has shared the following information about Novenas.

The Catholic Encyclopedia, available at Catholic.org, defines a Novena as "nine days' of private, or public devotion in the Catholic Church to obtain special graces." While the number eight in the Judeo-Christian tradition was always thought of as a festive number of new

beginnings, the number nine seemed to be often linked with suffering.

On the tenth day, Pentecost, the Holy Spirit came upon them and the Church was born.

The heart of any Novena is the same as the first one, called by our Lord Himself. "He commanded them not to depart from Jerusalem, but to wait for the Promise of the Father." (Acts 1:4)

When we pray a Novena, we either pray the same prayer for all nine days or follow a list of prayers to be prayed for each day. Every novena is a bit different in the intention, formation of prayers and practice.

Novena

T3 Interim Reports - Parents of Students in Grades 3-8

Trimester 3 Interim grades ended Friday, May 1, 2020.

**Grades on Interim Reports are the same
as current T3 Grades in PowerSchool.**

**Please go to <https://cdow.psisjs.com>
and log-in to view your child's grades.**

Hard copies will not be sent home at this time

Thank you.