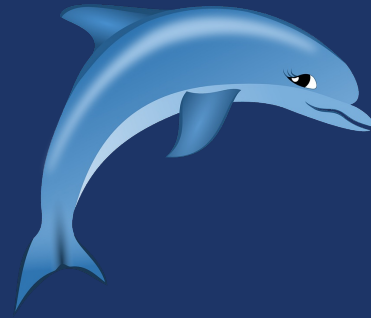


Dolphin Days



IT'S A GREAT TIME TO BE AN
MBS DOLPHIN!
March 11, 2021



[Visit our website](#)



Educating the Mind, Strengthening the Body, Nurturing the Soul

Dear MBS Families,

The Year of St. Joseph

We know very little about St. Joseph except that he was the husband of Mary and foster father of Jesus. The Bible pays Joseph the highest compliment: he was a "just man." He was one who was completely open to all that God wanted him to do for him. He became holy by opening himself totally to God.

Renaissance Testing

Testing results were sent home today with the students.

Covid-19

This is our fifth week of no reported cases of Covid-19. [Anyone who is entering any part of our building must wear a mask.](#)

We continue to encourage you to:

- Do wellness checks every morning, PLEASE.
- Sanitize
- Wash hands properly with soap and water and always dry them thoroughly.

- Stay 6 feet apart from others and wear a mask when not in the company of those you live with.

Be mindful of the above both in school and out of school.

Updates

Thank you to all who participated! In all we raised over \$30,000.00. First grade took first place with a total of \$5,491. Way to go first grade!

A reminder when dropping off in the morning, we encourage you to have your child(ren) exit the vehicle on the passenger side of the car. Having students exit on the driver's side with other cars passing is extremely dangerous. We also encourage you to drive slowly through our campus. Thank you.

Operation Rice Bowl is one way Catholics can enhance their Lenten fasting practice by giving up meals or eating smaller portions and donating the cost to Catholic Relief Service to help those who do not have enough to eat. Please send in your bowls when we return from Easter break.

Our school is eligible to participate in the 2021-2022 Broadening Options and Opportunities for Students Today (BOOST) Program that provides scholarships to income-eligible students residing in Maryland, to attend nonpublic schools.

The BOOST Program Scholarship's application online <http://marylandpublicschools.org/Pages/boost/index.aspx> is open to families and the deadline to submit an application is April 30, 2021.

MBS continues to have Mass in person at St. John Neumann weekly for the individual grades. This week, kindergarten participated and next week, 6th grade will attend.

The entire school, on Thursdays, join in the celebration of Mass virtually.

St. Patrick's Day, March 17 - Green N.U.T. day - free

ROCK YOUR SOCK DAY Called to Serve -March 19

We will be supporting World Down Syndrome Day by promoting awareness and celebrating people with Down syndrome. Through quality education programs, good health care, and positive support from family, friends and the community, people with Down syndrome can achieve their full potential and lead fulfilling lives.

Every \$2.00 donation gets you one pair of crazy socks! These socks will be worn on March 19th, our Rock Your Socks Day! We will collect the \$2.00 during the week of March 15th and will end on the 18th, socks worn on the 19th. Please send in your donation before Thursday, March 18th. These donations will go to the Down Syndrome Association of Delaware.

Hosting The Pilgrimage Cross

This coming week MBSCS has the privilege of hosting the Diocesan Pilgrimage Cross. We will display it daily in a different pod as part of a Lenten prayer space. The cross is a replica of the Cross Pope John Paul II, on Easter Sunday in 1984, presented

to the youth of the world. Bishop Malooly blessed our cross for its use in our community.

Happenings around the Building

Pre-k 4 made some awesome robots with descriptions of what they do!



As I walked into 2nd grade yesterday they could not wait to show me their project on the planets. I even saw "Barbie" viewing the planet through her very own telescope, out her window!

6th grade completed their irrigation projects; some very creative ideas were displayed.

CONGRATULATIONS!

The Knights of Columbus announced the winners of their essay contest, "How do I live and embody the virtue of charity?"

1. Katie Erickson \$100
2. Isabel Mitchell 75
3. Gianna DePietro 50



Great job everyone!

IMPORTANT DATES

March 12 *Noon Dismissal (Aftercare open until 3:00 p.m. ONLY) professional development for teachers*

March 18 Report cards go home.

CSO school visit

Mass Grade 6

March 19 Pray of St. Joseph

Rock your Socks Day

March 25 Mass Grade 7

March 31 Last School Day -Easter break begins

April 12 School Reopens - Easter break ends

May your week be filled with blessings,

Kathleen Manns

Principal Most Blessed Sacrament School

It is a great time to be a Dolphin!

From the Health Suite



This weekend we will be “Springing Forward” on our clocks. Please have your children slowly get ready for this transition by adjusting bedtimes now. Many students struggle with the loss of time and develop fatigue, headaches, stomachaches and nausea due to the time change and loss of sleep. These are also symptoms of Covid-19, so it is better to be proactive and avoid those symptoms and concerns.

“Change Your Clock, Change Your Battery” campaign. The program urges all Americans to adopt a simple, lifesaving habit: changing smoke alarm and carbon monoxide detector batteries when changing clocks. The peak time for home fire fatalities is between 10 p.m.-6 a.m. when most families are sleeping. Smoke alarm maintenance is a simple, effective way to reduce home fire deaths. A working smoke alarm can give your family the extra seconds you need to get out of a home fire safely.

In addition, the local fire department recommends residents use the time change to test smoke alarms and carbon monoxide detectors by pushing the test button, planning “two ways out” and practicing escape routes with the entire family.

Here is a link from the CDC regarding St. Patrick’s Day. MBS adheres to all CDC and local department of health guidelines.

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/holidays/winter.html>

There have been many questions regarding travel. These are the current advisories from the CDC and the travel mandates from Governor Hogan. **The Maryland Department of Health travel advisory to limit travel to essential purposes only will remain in place.**

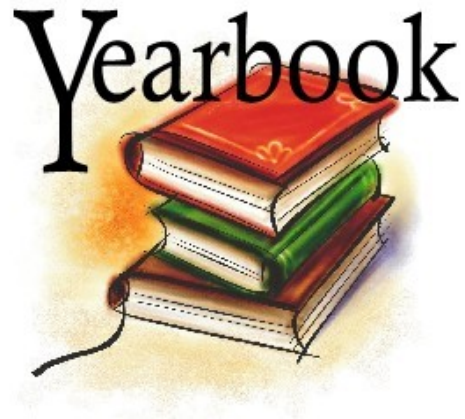
New CDC Travel Guide

As always if you have any questions regarding this information, Covid-19 or other health concerns, please do not hesitate to call me at school or email me at attendance@mbscs.org

Stay safe and healthy,

Daily Health Assessment

COVID Rules for Parents



YEARBOOK ORDERS!!

Order forms went home a couple week's ago in the Thursday folder. There are a limited amount of yearbooks, so be sure to order yours today. Each copy is \$35.

Yearbook Order Form



This week I visited with our 1st and 2nd grade! We discussed taking care of our mental health. We discussed common stressors and the physical signs of stress. We discussed how our body reacts to stress and how we can use self-care to improve our mental health. We discussed taking care of our mental health by using tools such as: Breathing, Prayer, Exercise, Creativity, Talking with Trusted Adults, Being with Friends, Taking Tech Breaks, Pet Time, Mindfulness, Getting Good Sleep, and so on.

As we approach the year mark of this pandemic, I feel it is so important to check in with our children. This year has been stressful on everyone. We must use and practice our coping tools to improve our Mental Health.

Feel free to contact me with any questions or concerns at any time,

SCHOOL DELAYS/CLOSINGS

Should it be necessary to delay, cancel or dismiss children early due to weather or any other emergency situation, parents will be notified by the School Messenger Notification System. Due to bus schedules, those calls informing of cancellation or delay must be made **BEFORE 6:00 a.m.** Please be sure that we have your current phone number at which you wish to receive the notification calls. **IT IS NECESSARY THAT THE PERSON WHO ANSWERS THE PHONE SPEAK IN ORDER TO ACTIVATE THE MESSAGE.**

REMEMBER: YOU CAN ALWAYS CHECK WBOC TV OR WBOC WEBSITE FOR CLOSINGS!

PARISH NEWS

St. Luke

We hope you will join us in our Lenten workshop with Father Jennings, as we go deeper into Scripture through the lens of Lent! Classes will be held on Tuesdays (beginning Feb 23rd) both in the morning (immediately following 9am daily Mass at St. Luke's, and in the evenings at St. Andrew's at 6pm. We look forward to seeing you and together preparing ourselves for this Lenten journey.

St. Mary Star of the Sea

Our bookstore is open Monday-Thursday from 9 am - 3 pm. Find all of your Catholic gifts and books right in Ocean City!

