

# Dolphin Days



Most Blessed Sacrament Catholic School

January 13, 2022

**Dolphin Days is a two-page document. If you are viewing it from your device, make sure you click on the image of the Newsletter, and it will open the two pages through a web browser.**

*This month's Spiritual Work of Mercy is "Forgive Others Willingly." Trusting in God gives us the grace to forgive from the heart and to let go without remorse. Such trust comes only by asking for it in prayer. As we pray the Our Father, let us pause at the lines that speak of forgiveness to remind ourselves that we are called to not only forgive, but also to forgive with the right attitude.*

In today's Thursday folder you will find an outline of Catholic Schools Week which takes place the week of January 30-February 5. More detailed information will be shared with the parents as well as the students as we approach these dates. The Home and School Association is looking for volunteers to help with the book fair and the student breakfast during that week. Please see HSA News to sign up.

Another item that will be sent home in the Thursday folder is the Continuity of Education Plan. This plan outlines the goals and expectations for learning if we need to transition to virtual learning. Please understand that this is NOT the intent at this time. The purpose of sharing this with you is to make you aware that we have developed and discussed a plan with faculty in case there is ever a need. There is valuable information regarding short term virtual learning that may occur if we encounter further weather closures. If you have any questions, please feel free to contact the office.

Mrs. Trinette Stillman  
Principal



## School News

### DRAWING FOR FREE REGISTRATION

Today, in your family's Thursday take home office folder, you will find your re-registration form for the 2022-2023 academic school year. Please send in your re-registration forms no later than February 4, 2022. We use this enrollment count to help plan the budget for the upcoming year.

This process is extremely important in our planning process. We are offering a \$10 discount for each student and a chance to win a FREE registration fee if your form is turned in no later than January 28, 2022. To encourage 100% participation in this endeavor, we will also include a \$100 gift card to a local restaurant for the lucky name drawn! Please feel free to call Mrs. Evans if you have any questions about re-registration.

### 8<sup>th</sup> Grade Fundraiser



Save the Date January 28<sup>th</sup>- Movie Day at Flagship Cinemas in West OC. Doors will open at 9:30am and the movie will begin at 10am. Cost is \$5 per person CASH only. Concessions will be open. Check back to find out which movie will be playing.

### Diocesan Tuition Assistance Applications

The application period for the Diocese of Wilmington's tuition assistance program is now open. A letter and instructions on how to apply were sent home early December. Contact the office if you need an additional copy. A family must have a processed application in order to receive any type of tuition assistance in 2022/2023.

## Coming Up:

- 1/17-No School- Martin Luther King Day
- 1/27-Interim Reports
- 1/28- No School- Teacher Accreditation Day
- 1/30-2/5- Catholic Schools Week

Link to school calendar below:

<https://mostblessedsacramentschool.com/md-catholic-private-school-community/catholic-school-parents/k-12-calendar/>

## From the Lunchroom

"Lettuce" entertain you!

**New this month:**

Yummy, Goopy Grilled Cheese Sandwich (available on Thursdays)  
Chicken Teriyaki with Vegetables and Fluffy White Rice (available on Tuesdays)

\*\*\*\*DON'T FORGET TO ORDER\*\*\*\*

January 14 – Hot Cocoa and Treat Day - \$3.00 per person  
Creamy Hot Chocolate with Whipped Cream  
Served with homemade treats

**COMING NEXT MONTH:**

Mi Amore Luncheon, Basketball Bagged, and Celebrating 2.22.2022

Any questions or concerns please email: Colleen Rutzler – [cdrutzler@gmail.com](mailto:cdrutzler@gmail.com)



## HSA News

With 2022 well on its way, the HSA is excited to announce that Aislinn Fones has taken over for Michelle Lewis as president and Laura Barker has stepped into the vice president role. We cannot thank Michelle enough for all she has done for our school and the HSA, she worked so hard planning all of the fall/winter 2021 events.

*We are always looking for volunteers and have a few more fun activities planned for this school year. If you are looking to earn your FIP hours, or for a fun way to get involved please be sure to email us or sign up today!*

Email us: [HSA@mbscs.org](mailto:HSA@mbscs.org)

Scholastic Book Fair: <https://tinyurl.com/MBSIcanhelp>  
Lunch and Recess: <https://tinyurl.com/MBSlunchreces>

1/21 Spirit Day - Wear your spirit day shirt  
1/31-2/4 - Scholastic Book Fair  
2/4 - 2/25 - Read - A - Thon



Coming in April - Color Run for the playground fund, 'MBS at Play'

## Athletic Corner



### UPCOMING BASKETBALL SCHEDULE:

#### **Girls- 6th Grade:**

Tuesday, 1/18/2022: Home v. Lighthouse Christian- 4:00pm  
Thursday, 1/20/2022: Practice- 3:15-4:45pm

#### **Girls- 7th Grade:**

Tuesday, 1/18/2022: Home v. Lighthouse Christian- 4:00pm  
Wednesday, 1/19/2022: Home v. St. Francis- 4:00pm  
Thursday, 1/20/2022: Away @ Salisbury Christian School- 4:00pm, Early Dismissal- 2:35pm

#### **Girls- 8th Grade:**

Wednesday, 1/19/2022: Home v. St. Francis- 4:00pm  
Thursday, 1/20/2022: Away @ Salisbury Christian School- 4:00pm, Early Dismissal- 2:35pm

#### **Boys- 6th Grade:**

Tuesday, 1/18/2022: Home v. Lighthouse Christian- 5:15pm  
Thursday, 1/20/2022: Practice- 3:15-4:45pm

#### **Boys- 7th Grade:**

Tuesday, 1/18/2022: Home v. Lighthouse Christian- 5:15pm  
Wednesday, 1/19/2022: Home v. St. Francis- 5:15pm  
Thursday, 1/20/2022: Away @ Salisbury Christian School- 5:15pm

#### **Boys- 8th Grade:**

Wednesday, 1/19/2022: Home v. St. Francis- 5:15pm  
Thursday, 1/20/2022: Away @ Salisbury Christian School- 5:15pm

## From the Health Suite

Please be aware that the CDC and our Department of Health have issued updated COVID guidelines for isolation and quarantine. If your child has COVID or is in close contact with anyone known or suspected of having COVID, please let our school nurse know.

### If You Test Positive for COVID-19 (Isolate)



#### **Everyone, regardless of vaccination status.**

- Stay home for 5 full days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house on day 6.
- Continue to wear a well-fitting mask around others for 5 additional days.
- If you have a fever, continue to stay home until you are fever free without medication for 24 hours.

### If You Were in Close Contact with Someone with COVID-19 (Quarantine)

**If you** are 18+, fully vaccinated and boosted when eligible - OR - are 5-17 years old and fully vaccinated (even without a booster) - OR - had confirmed COVID-19 within the last 90 days.

- Wear a mask around others for 10 days.
- Test on day 5, if possible.
- If you develop symptoms get a test and stay home.

**If you:** are unvaccinated - OR - partially vaccinated - OR - are 18+ and vaccinated but haven't gotten a booster if eligible (5 months after your 2<sup>nd</sup> dose of Pfizer, 6 months after your 2<sup>nd</sup> dose of Moderna, or 2 months after the J&J)

- Stay home for at least 5 days (day 1 is considered the first full day after the last close contact). After that continue to wear a mask around others for 5 additional days.
- Test on day 5 after close contact, if possible.
- If you develop symptoms get a test and stay home.

**\*\*Please note:** For people who are returning either from isolation (after a positive COVID-19 test) or quarantine (after close contact), the recommendation is that masks may be removed only when eating and during naptime. Please be sure to send your students back in a well-fitting mask.

If your children have any symptoms of illness, please do not send them to school. Instead, please reach out to your child's healthcare provider or our school nurse for further guidance. It is up to each and every one of us to help keep our students and staff healthy. If your child will be absent for any reason, please remember to email [attendance@mbscs.org](mailto:attendance@mbscs.org) with the expected dates of absence and the reason. If you have any questions at all, please reach out to our school nurse at [mlewis@mbscs.org](mailto:mlewis@mbscs.org) or by phone at 410-208-1600 during the school day.