

Dolphin Days



Most Blessed Sacrament Catholic School

January 6, 2022

Dolphin Days is a two-page document. If you are viewing it from your device, make sure you click on the image of the Newsletter, and it will open the two pages through a web browser.

As we continue our school year journey, we head into a new calendar year. While I thoroughly enjoyed the Christmas holiday and the chance to rest, relax and laugh with family, I am looking forward to the adventures that 2022 will surely bring. Thus far this school year, we have reflected upon the first three Spiritual Works of Mercy: Instruct the Ignorant, Counsel the Doubtful, and Admonish the Sinner. This month we will explore the fourth: Forgive Others Willingly. We pray for this gift of forgiveness for those who offend us each time we recite the Our Father prayer. In the Gospel passage Matthew 6:12 we are reminded to “forgive us our debts, as we forgive our debtors.” In 2022, let us challenge ourselves to be people of forgiveness in our homes, at school, and throughout our community.

Mrs. Trinette Stillman
Principal

The Centers of Disease Control and Prevention has issued new COVID guidelines regarding isolation and quarantine. The Diocese of Wilmington will adhere to these guidelines in parish and diocesan schools.

If You Test Positive for COVID-19 (Isolate)

Everyone, regardless of vaccination status.

- Stay home for 5 days.
- If you have no symptoms or your symptoms are resolving after 5 days, you can leave your house.
- Continue to wear a mask around others for 5 additional days.
- If you have a fever, continue to stay home until your fever resolves.

If You Were Exposed to Someone with COVID-19 (Quarantine)

If you: Have been boosted - OR - Completed the primary series of Pfizer or Moderna vaccine within the last 6 months - OR - Completed the primary series of J&J vaccine within the last 2 months

- Wear a mask around others for 10 days.
- Test on day 5, if possible.
- If you develop symptoms get a test and stay home

If you: Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted - OR - Completed the primary series of J&J over 2 months ago and are not boosted - OR - Are unvaccinated

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
- If you can't quarantine, you must wear a mask for 10 days.
- Test on day 5, if possible.
- If you develop symptoms get a test and stay home.

Need a calendar for the New Year?

We have calendars for sale in the school office. **2022 Calendars** featuring beautiful ocean images from Michael Orhelein, Photographer and owner of Bethany Fine Arts Gallery, \$10 each. All proceeds are generously donated to our HSA by the Orhelein's, proud grandparents of one of our MBS students, and owners of Bethany Fine Arts Gallery and the Beach Life Gallery in Rehoboth. Call the school office for details and to purchase your 2022 calendar.

Coming Up:

- 1/4- School reopens
- 1/17-No School- Martin Luther King Day
- 1/27-Interim Reports
- 1/28- No School- Teacher Accreditation Day
- 1/30-2/5- Catholic Schools Week

Link to school calendar below:

<https://mostblessedsacramentschool.com/md-catholic-private-school-community/catholic-school-parents/k-12-calendar/>

HSA News

The HSA wants to wish you a very Happy and Healthy New Year! We are always looking for volunteers and have a few more fun activities planned for this school year. If you are looking to earn your FIP hours, or for a fun way to get involved please be sure to email us or sign up today!

Email us: HSA@mbscs.org

Scholastic Book Fair: <https://tinyurl.com/MBSlcanhelp>

Lunch and Recess: <https://tinyurl.com/MBSlunchrecess>

1/21 Spirit Day - Wear your spirit day shirt
1/31-2/4 - Scholastic Book Fair & Catholic Schools Week
2/4 - 2/25 - Read - A - Thon
4/9 - Color Run for the playground fund, 'MBS at Play'

Happy
New
Year

Athletic Corner

UPCOMING BASKETBALL SCHEDULE:

Girls- 6th Grade:

Tuesday, 1/11/2022: Home v. Worcester Prep- 4:00pm

Girls- 7th Grade:

Tuesday, 1/11/2022: Home v. Worcester Prep- 4:00pm

Tuesday, 1/11/2022: Home v. Worcester Prep- 5:15pm

Wednesday, 1/12/2022: Home v. Salisbury Christian-
4:00pm

Thursday, 1/13/2022: Away @ The Salisbury School-
4:00pm, Early Dismissal- 2:35pm

Girls- 8th Grade:

Tuesday, 1/11/2022: Home v. Worcester Prep- 5:15pm

Wednesday, 1/12/2022: Home v. Salisbury Christian-
4:00pm

Thursday, 1/13/2022: Away @ The Salisbury School-
4:00pm, Early Dismissal- 2:35pm

Boys- 6th Grade:

Monday, 1/10/22: Practice- 3:15 to 4:15pm

Tuesday, 1/11/2022: Away @ Worcester Prep- 4:00pm,
Early Dismissal- 2:35pm

Boys- 7th Grade:

Monday, 1/10/2022: Practice- 3:15 to 4:45pm

Tuesday, 1/11/2022: Away @ Worcester Prep- 4:00pm,
Early Dismissal- 2:35pm

Tuesday, 1/11/2022: Away @ Worcester Prep- 5:15pm
Wednesday, 1/12/2022: Home v. Salisbury Christian-
5:15pm

Thursday, 1/13/2022: Away @ The Salisbury School-
5:15pm

Boys- 8th Grade:

Monday, 1/10/2022: Practice- 3:15 to 4:45pm

Tuesday, 1/11/2022: Away @ Worcester Prep- 5:15pm
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5:15pm

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5:15pm

From the Health Suite

Please remember to email attendance@mbscs.org if your child will be absent for any reason. Please do not send your children to school if they are experiencing any symptoms of illness. It is up to each and every one of us to help keep our students and staff healthy. If you have any questions at all, please reach out to our school nurse at mlewis@mbscs.org or by phone at 410-208-1600 during the school day.

If your children have received any vaccinations in recent months, please remember to send a copy of those records to the attention of our school nurse via fax, secure email, or a physical copy.

School News

Le Donne Cucina wishes you a Happy New Year! January menus are up and ready for your orders. New this month:

Yummy, Goopy Grilled Cheese Sandwich (available on Thursdays) and Chicken Teriyaki with Vegetables and Fluffy White Rice (available on Tuesdays).

January 14 – Hot Cocoa and Treat Day - \$3.00 per person. Creamy Hot Chocolate with Whipped Cream Served with homemade treats

Any questions or concerns please email: Colleen Rutzler – cdrutzler@gmail.com

Diocesan Tuition Assistance Applications

The application period for the Diocese of Wilmington's tuition assistance program is now open. A letter and instructions on how to apply have been sent home early December. Contact the office if you need an additional copy. A family must have a processed application in order to receive any type of tuition assistance in 2022/2023.

We would like to share with the community that John Devine, the Maintenance Manager, is no longer part of our MBS staff. We wish him well in this next chapter of his life. We are currently utilizing internal personnel and outside contractors to fulfill this role.