

Dolphin Days

Most Blessed Sacrament Catholic School



March 10,

Dolphin Days is a two-page document. If you are viewing it from your device, make sure you click on the image of the Newsletter, and it will open the two pages through a web browser.

During these weeks of Lent, we are teaching the students to love like Christ. Giving of ourselves and practicing self-denial brings us closer to loving like Christ, who suffered and poured himself out unconditionally on the cross for all of us. Lent is a journey through the desert to the foot of the cross on Good Friday, as we seek him out, ask his help, join in his suffering, and learn to love like Jesus. This week the students have been praying the Stations of the cross which darn the school walls. During the week of March 21, the students will be collecting canned food for the pantries. Spend time as a family exploring the three pillars of lent.

Down Syndrome Awareness Day is March 21. On this day, people with Down syndrome and those who live and work with them throughout the world, organize and participate in activities and events to raise public awareness and create a single global voice advocating for the rights, inclusion and well-being of people with Down syndrome. Here at MBS, we will sponsor Rock Your Socks Day. Students are invited to donate a \$1 for Down Syndrome and wear crazy mismatched socks.

We have reached the end of the 2nd trimester. Report cards will be sent home on Thursday, March 17.

Starting March 31, the students will be joining their buddies for seating at mass. In addition, the school mass, which is at 1:00 on Thursday, will be open to parishioners and parents. Please join us if you can.

HEALTH FAIR: This week the Salisbury University nursing students visited MBS for a health fair for our students in Kindergarten through 4th grade. Topics included dental hygiene, healthy eating, the benefits of exercise, sun protection, mental well-being, bullying prevention, and handwashing. They will return to MBS On March 17th for a health fair for our 5th through 8th grade students. We are grateful to provide this opportunity for our students to learn about health.

Mrs. Stillman
Principal



School News



YEARBOOK

Yearbooks for Sale: Please be sure to turn in your yearbook order form that is being sent home today. Copies are \$40 and we have only ordered a limited number.

Spirit Wear: We are hosting an MBS Spirit Wear Pop-up Sale. A flyer was sent home in last weeks newsletter.

MBS School Musical: The Aristocats performance, starring MBS 3rd and 4th grade students, will be on March 16 at 6:30pm. We will have concessions available for purchase to benefit our 8th graders. Admission Fee: \$5 per adult, children are free.

St. Patrick's Day, March 17 – Students may wear themed accessories. We do have mass, so children must wear regular school uniform.

Lunchroom

WACKY Tray Prizes have returned!!

If you have blue or white tape on your lunch tray... come pick a prize.

Wednesday, March 16 Theater Day

Due to the set-up of the musical, The Aristocats, there will be a bagged lunch option for students.

Bagged Lunch Options:

Burger, cheeseburger, or hot dog served with popcorn and a cookie. **\$5.00 per student**

Friday, March 25-Maryland Day

Celebrating and embracing Maryland and it's history.

Old Bay French Fries

Fresh French fries tossed in classic Old Bay seasoning. - **\$3.00 per student**

Sweet sugar cookies iced as our State flower
The Black Eyed Susan - **\$1.00 each**



NEW MENU ITEM for March

Taco Tuesday!

2 Lean, seasoned beef tacos served with shredded lettuce, sharp cheddar, sour cream and salsa.

From the Health Suite

Covid Update: We received updated guidance from the Maryland Department of Health indicating that universal contact tracing is no longer required in schools, as long as we do not have an active COVID outbreak. Our school nurse will now be primarily focusing on the identification, isolation, and management of students and staff with active symptoms of infectious illness, including COVID-19. People with COVID-19 symptoms, a positive test, or close contact with someone with COVID-19 should follow CDC guidance for isolation and quarantine, and mask wearing. Parents should still report household contacts to the school nurse, and quarantine in those cases may still be needed.

Moving forward, you will be notified when an individual in your child's class has tested positive for COVID-19. Should you wish to have your child tested, we now have free rapid COVID testing available in our health suite at MBS. A written consent form will need to be signed in order to use the school-based testing. Please note that your child will not be tested without your consent. This is simply a service that we are now able to offer at school.

We know there have been a lot of changes in COVID guidance in recent months so please don't hesitate to reach out to our school nurse if you have any questions or need more detailed information.

ATTENDANCE: If your child will be absent for any reason, please remember to email attendance@mbscs.org with the expected dates of absence and the reason. If you have any questions at all, please reach out to our school nurse at mlewis@mbscs.org or by phone at 410-208-1600 during the school day.

HSA News

Read-a-Thon:

We cannot thank our MBS community enough for all of the support raised during the Read-a-Thon. Together we raised over \$15,000.

We are always looking for volunteers and have a few more fun activities planned for this school year.

If you are looking to earn your FIP hours, or for a fun way to get involved please be sure to email us or sign up today! Email us: HSA@mbscs.org

We love to see our parents come in for lunch and recess: <https://tinyurl.com/MBSlunchreces>

Calendar of events:

3/18: Potluck breakfast signup for staff lunch
Signup to contribute to staff lunch: [St. Patrick's Day Staff Potluck](#)

3/18: Spirit Day and Alley Oops Fundraiser.
Please join us from 4-9 pm for some Friday fun and dine and donate on food and drinks.

4/8 - Color Run for the playground fund, 'MBS at Play' *
*Rain date 4/29

6/16 - End of the Year Celebration, Sign up to Volunteer: [End of the year Celebration](#)

Sign up today: [I want to run or walk in the event](#)
Sign up to sponsor the event: [I would like to Sponsor the event!](#)

Sign up to volunteer: [Color Run Volunteer](#)

Coming Up:

3/11-No School

3/14-No School, Professional development for teachers

3/18 Report Cards

SPIRIT DAY – Dress in MBS spirit wear

3/24-Dine&Donate – 8th grade Fundraiser (flyer included)

***Please note that the April book fair has been canceled.**

Link to school calendar below:

<https://mostblessedsacramentschool.com/md-catholic-private-school-community/catholic-school-parents/k-12-calendar/>

Athletic Corner

Please consider signing up for the MBS@Play Color Run taking place on Friday, April 8th. Participating in the event helps promote a healthy lifestyle and supports the school. A two-for-one (twofer) return on investment!



Mission Statement

Most Blessed Sacrament Catholic School is dedicated to excellence in education by developing life-long learners and leaders. We foster a faith-filled community emphasizing reverence, respect, and personal responsibility in the traditional spirit of Christian teaching.