

# Dolphin Days

Most Blessed Sacrament Catholic School



May 12, 2022

**Dolphin Days is a two-page document. If you are viewing it from your device, make sure you click on the image of the Newsletter, and it will open the two pages through a web browser.**

Our seventh Spiritual Works of Mercy calls us to be a people of prayer for the living and the dead. The monks in the early Church defined prayer as all that we do. If done for the glory of God, then all that we do is prayer in our lives. As we move through this Month of Mary, let us consider her life as a model for our own. Mary's every action recorded in Scripture is one where her mission was her prayer. Like Mary, we are invited to offer our daily routine, our expected and unexpected circumstances, our joys, and our sorrows as one great prayer to our God.

This past Wednesday, May 11 was National School Nurse Day. We are so thankful for the gift of our school nurse, **Mrs. Lewis**. She has effortlessly managed our many cases of COVID, the hundreds of ice packs and bandages, the hours of communication to the health department and the Diocese of Wilmington, and the aches and pains of our children. We are grateful for her dedication and support of the MBS family!



## 2022 Board of Catholic Schools Survey

Dear Parents and Guardians: Your feedback is always useful in determining annual growth and in planning for the future. As such, we ask for your input regarding the 2021-2022 school year in the Board of Catholic Schools—Parent Feedback Survey. Please click on the link below to complete this brief survey by Friday, May 13.

<https://www.surveymonkey.com/r/BCSurvey2022>

**Mrs. Stillman**

Principal

## School News

Would you like your child to create an eternity tile? Ceramic Zone is coming to our school on May 25,2022! They will provide us with the tiles and paint for the children to create a tile that will be displayed "for eternity," with the rest of the tiles, here at MBS. Check the Thursday folder for a flyer containing more information.

We would like to invite the MBS school community to the Children's Book Festival on Saturday, May 14. **Maximo Castellanos** has been invited to participate and will have a table with his books at the Frozen Farmer located at Evan's Produce, 9843 Seashore Highway, Bridgeville, DE 19933. Families can stop by to see Maximo anytime between 10am—2pm this Saturday. A flyer for the book festival will be in the Thursday folders.

We are currently in the season of Open Registration and we continue to have a strong enrollment. If you know of any families considering registering, please have them contact Christa Gunther at [cgunther@mbscs.org](mailto:cgunther@mbscs.org) or call 410-208-1600.



## DELMARVA SHOREBIRDS Hit the BOOKS Contest GAME DAY

Saturday, May 21 at 7:05pm.  
Teachers sent tickets home last week,  
make sure to look for them.

## Coming Up

5/13 – MBS SPIRIT DAY—spirit wear  
5/17-26 – Renaissance Star Testing  
May 20—Author **Allison West** is coming to MBS to visit grades 1-5. Author of the Roaming Riley Adventure Series. Have orders in by **May 16th**  
5/24—Piano Recital  
5/26—Early Dismissal, 12pm  
5/27 & 30—NO SCHOOL

*Link to school calendar below:*

<https://mostblessedsacramentschool.com/md-catholic-private-school-community/catholic-school-parents/k-12-calendar/>

## **From the Health Suite**

**ATTENDANCE:** If your child will be absent for any reason, please remember to email [attendance@mbscs.org](mailto:attendance@mbscs.org). After 3 days of absence for illness, your child will need a doctor's note to return to school. If you have any questions at all, please email our school nurse at [mlewis@mbscs.org](mailto:mlewis@mbscs.org) or by phone at 410-208-1600 during the school day.

**Water Bottles:** As the weather warms up, it is even more important to be sure your child brings a refillable water bottle to school. Water provides our bodies with energy, helps with concentration and mood, supports our immune system, helps regulate body temperature, aids in healthy digestion, and prevents dehydration. Children come to see the school nurse often for symptoms of dehydration, such as headache, fatigue, nausea, constipation, dizziness, or feeling overheated from being outside. Please help our children learn healthy hydration habits!

**TICKS**—May - August is considered peak tick season. Please remember to check your children's skin and hair for ticks daily when playing outside. Although they can be found anywhere, they prefer to burrow in areas on the body that are warm, moist, such as the scalp, behind the ears, around the neck, under the arms, behind the knees, and near the groin. For tick removal tips please visit: <https://kidshealth.org/en/parents/tick-bites-sheet.html>

## **Counselor Corner:**

Parents, I am continuing my visits with each class to discuss a very important topic. The diocese asks that I follow lessons from the program, "For the Sake of God's Children: Keeping Our Promises." Throughout the year I focus on topics such as bullying, appropriate boundaries, trusted adults, friendships, and life as a gift from God. This May I will focus on good-touch/bad-touch, secrets and again stress using our trusted adults. I always teach this topic age appropriately using books and resources that the children will understand. Parents, as always, please know you can contact me with any questions or concerns at [tgabbard@mbscs.org](mailto:tgabbard@mbscs.org)

Love and prayers,  
Theresa Gabbard

## **Athletics**

### **Upcoming Softball Schedule:**

Tuesday, May 17: Pizza party and family scrimmage - 4pm  
Thursday, May 31: Recognition Assembly—1:45pm



### **SAVE THE DATE:**

Tuesday, May 31: 1:45—2:45pm: Recognition Assembly for girls softball, soccer challenge and marine fitness.  
Tuesday, June 14: 9:00-11:45am—Field Day, Kindergarten—3rd grade  
Wednesday, June 15: 9:00-11:45am—Field Day, 4th-7th grade

## **Lunchroom**

We recommend that orders be placed for the week on Sunday, by 9:00pm. Please go online to order lunches. Log in <https://mbscs.ahotlunch.com/login> - school code is 137MBS.

### **NEW LUNCH OPTION: Chicken Sandwich**

#### **May Lunch Specials**

May 19—National Devil's Food Cake Treat Day  
May 25—Tour of Italy Day (see flyer for menu)

Any questions/concerns please contact Mrs. Rutzler at [cdrutzler@gmail.com](mailto:cdrutzler@gmail.com)

## **HSA News**

Looking for new books? Look no further, Bethany Beach Books and MBS are pairing up for a book fair. May 1—15 you can shop in the store or online to purchase your books. Mention MBS at check out and if shopping online, select "yes" when checking out—a portion of the proceeds will generously be donated back to the school.

#### **Calendar of events:**

5/1-15—Book Fair @ Bethany Beach Books  
5/13 – SPIRIT DAY & Rope Walk Bethany Dine & Donate  
6/10—SPIRIT DAY and meet up @ Fenwick Ice

If you are interested in being a part of the HAS next year, please let us know. Email us: [HSA@mbscs.org](mailto:HSA@mbscs.org)

## **Companions on the Journey—Spiritual Works of Mercy**

Instruct the Ignorant    Counsel the Doubtful    Admonish the Sinner    Forgive Offenses Willingly  
Comfort the Sorrows    Bear Wrongs Patiently    Pray for the Living and the Dead