

Dolphin Days

Most Blessed Sacrament Catholic School



October 6, 2022

Dolphin Days is a two-page document. If you are viewing it from your device, make sure you click on the image of the Newsletter, and it will open the two pages through a web browser.

As we move into October, we focus on the second theme of Catholic Social Teaching, Our Call to Family, Community, and Participation. Building on the September theme, which reminded us that each person is sacred, the October theme teaches us that each person is social. As a social being, we need and desire to be part of a family and a community. The family is the first social community in which we become members. It is where we learn what it means to care for and work with others. The institution of the family is critical for people to develop as social beings. The Catechism of the Catholic Church teaches us that "The Christian home is the place where children receive the first proclamation of the faith. For this reason, the family home is rightly called 'the domestic church', a community of grace and prayer, a school of human virtues, and of Christian charity" (No. 1666). Here at MBS, we are called to be part of a broader family caring for one another for the greater good of all.

If you're volunteering in the building, with athletics, or chaperoning on field trips, you must complete a background clearance and sign the Volunteer Covenant. Please contact the school office for further information.

Parent-Teacher conferences are scheduled for October 20th and 21st.
PK3 through 5th grade can sign up for a time, on the form sent home from your homeroom teacher.
Middle School (6-8th grade) parents can sign-up by clicking on the Sign-Up Genius link:
<https://www.signupgenius.com/go/904054caba62fabfe3-parentteacher2>

One Body in Christ,
Mrs. Stillman
Principal



School News



Please look for information regarding Student Council coming home next week. We are having a meeting with all fifth, sixth, seventh, and eighth graders on Tuesday. They will be given their packet to take home. A permission slip will be included as well. Campaign week will be October 18th through the 22nd with speeches being presented on the 22nd and winners announced at the end of the day.

Storybook pumpkins are on the horizon with more information next week. Not too early to start planning your ideas. This is an optional event. Please, I will need volunteers to help set up.
Email Mrs. Northam: mnortham@mbscs.org

Our middle school book club is starting our second novel, "A Night Divided," by Jennifer Nielsen, which is a wonderful historical fiction novel about the Berlin Wall. A mini historical lesson will be tied in at the end of the novel.

Thank you for helping the students remember to bring back their books on their library day!

Happy Reading!
Mrs. Marie Northam,
Librarian and Media Coordinator

Picture Art—School Photos

Student photo proofs have been sent home. If you would like to order school photos, please return your child's picture order by October 14th.



Coming Up

October 7: Faculty Retreat, No school for students

October 10: Fall Break, No School

October 14: Trimester 1, Interim Grades

October 14: Student Picture Orders Due

October 20: Early Dismissal—Noon, Parent Conferences, 1:00pm-7:00pm

October 21: Early Dismissal, - Noon, Parent Conferences, 1:00pm-4:00pm

Link to school calendar below:

<https://mostblessedsacramentschool.com/md-catholic-private-school-community/catholic->

From the Health Suite

In October we celebrate National Child's Health Day. Taking steps toward good health practices during childhood is important.

Get Outdoors: Studies show that spending time in green, natural environments can have a positive impact on children's mental and physical health.

Increase fruit and veggie intake: Fruits and veggies contain essential nutrients needed for growth and good health.

Model good handwashing: Proper handwashing is by far the best way to keep kids from getting sick and prevent the spread of germs.

Practice good oral hygiene: Brushing teeth each morning and evening helps freshen breath, improves gum health, and helps build strong and healthy teeth. Don't forget to floss in the evening!

Keep up with necessary childhood immunizations and check-ups: Immunizations are a way of creating immunity to certain diseases. Annual physical exams give your child's pediatrician the chance to evaluate their growth and physical development, and to address any issues.

Counselor Corner

Socktober: Our 8th grade is sponsoring their first service project for MBS! From Oct. 11-14th, they will collect socks for Diakonia. It was 11 years ago that Kid President started Socktober and made inspirational videos for children. Kid President learned that socks are often the most needed and least donated items to homeless shelters as they prepare for the colder seasons. So, our 8th grade asks that you consider donating a new pair of socks or more. There will be a collection spot set up inside the lobby doors and in the middle school pod. Please help!

This week in the **middle school classes** we learned about our learning styles. We did a quiz to determine our dominant learning style then talked about study methods. Ask your middle school student about their learning style.

This week I began classes with **Pre 3 and Pre 4**. We worked on introductions and read a book called, "*I am smart, I am blessed, I can do anything!*" We talked about our feelings and how to do our best.

Looking forward, the school will be doing the Box of Joy service project again this year. Be watching for information about this soon! If you have any questions or concerns feel free to reach out to me at tgabbard@mbscs.org.

Love and Prayers, Theresa Gabbard

Athletics

Upcoming Games: Game Time: 4:00pm

Tuesday, 10/11: V-Ball Home vs Holly Grove (6/7)
Tuesday, 10/11: V-Ball Home vs Holly Grove (7/8)

Thursday, 10/13: Soccer Home vs Seaside Christian, Girls
Thursday, 10/13: Golf vs Sts. Peter&Paul @ Ocean Resorts

Upcoming Practices: Practice Time: 3:15 to 4:45pm

Tuesday, 10/11: Golf @ Ocean Resorts
Tuesday, 10/11: Soccer @ MBS Athletic Fields
Thursday, 10/13: V-Ball @ MBS Gymnasium

Lunchroom

We recommend placing orders for the week on Sunday, by 9:00pm. Please go online to order lunches.
Log in <https://mbscs.ahotlunch.com/login>
school code is 137MBS.

Ms. Clubb and Mrs. Rutzler
cdrutzler@gmail.com

HSA News

The HSA is busy planning our 2022-2023 school year and we need YOU! There are several opportunities both big and small for involvement within the HSA and lots of ways to volunteer at the school. *Email us:* HSA@mbscs.org

Need to record HSA FIP hours, please use this link:
https://docs.google.com/forms/d/e/1FAIpQLSeZVLeYuu-u1JrW2he_kxc4lcehtxPx14RM-0a6v6omLHrIlg/viewform

Calendar of events:

10/14—Spirit Day @ Alley Oops

10/31—Halloween Morning Fun, Sign-Up to Volunteer
<https://www.signupgenius.com/go/60b044baea72fa4f49-halloween1>

11/18—Spirit Day

11/18—Annual Gala at Lighthouse Sound. Tickets on-sale soon. For gift donations or to sponsor, email HSA.

12/1—Berlin Christmas Parade. To volunteer, sign-up
<https://www.signupgenius.com/go/20f0b4fbae2aa1f58-christmas>

12/5-12/8—Little Shoppers. Volunteer sign-up <https://www.signupgenius.com/go/60b044baea72fa4f49-little>

12/16—Spirit Day&Night, Drop&Shop at Berlin Activities Depot from 7-9pm (pre-registration required, forms will go home)

Our Theme: One Body in Christ: Part Two—Call to Family, Community and Participation
Each person is sacred. Respect others. See each other as friends.
Sacrifice and love others. Inspire a life of Self-giving.

One Body in Christ