

Dolphin Days

Most Blessed Sacrament Catholic School



December 15, 2022

Dolphin Days is a two-page document. If you are viewing it from your device, make sure you click on the

The third week of Advent calls us to joy, despite whatever challenges we may face. Joy may be the premier Christian virtue. It resides deep within us and determines our outlook on life. Sure, not every day will be one that rolls smoothly and makes us happy. However, if we are rooted in joy, we believe each day will bring recognized and unrecognized graces that allow us to celebrate, or at a minimum accept, whatever we encounter. As we move through this third week of Advent, let us look each day for those blessings that bring us a deep sense of joy, a sense that we are loved by the Lord and others who support us. Then, let us share this attitude of joy with others whom we encounter.

This will be the last Dolphin Days before the new year! The days are moving quickly, and Christmas is around the corner. I would like to wish you all the joys and blessings that Christmas brings. The birth of Jesus renews our hope in realizing God's plan for each of us. It is a special time for family and friends to get together and share in the gift of life and love. I would also like to thank the support of the faculty, staff, families, and parish communities in helping me nurture Most Blessed Sacrament School into a powerful vessel through which we can worship and praise God in all we do.

Merry Christmas!

One Body in Christ,

Mrs. Stillman

Principal



School News

Vision for the Future 2023-2024 application: The process through FACTS has begun for the Vision of the Future 2023-2024. This timing is a change from last year. Any family currently receiving or would like to request tuition assistance will need to complete this application. The 2023-2024 online applications are now being accepted through **January 21, 2023**. Applications will not be accepted after this deadline.



Due to a funeral, Mass has been moved from **Thursday, December 15th** to **Monday, December 19th** at **9:00 AM**. After Mass, students that achieved High Honors and Honors during Trimester One will be recognized!



Coming Up

Dec 16: Spirit Wear Day with Christmas Accessories

Dec 19: Mass

Dec 21: Christmas Program 6:30pm

Student Council will hold a monetary collection at the Christmas Program to benefit Saint Joseph's House, which helps the less fortunate!

Dec 22: Half Day, No Aftercare

Dec 23—Jan 2: School Closed

Jan 3: School Re-opens

Link to school calendar below:

<https://mostblessedsacramentschool.com/md-catholic-private-school-community/catholic-school-parents/k-12-calendar/>

From the Health Suite

With cold and flu season in full swing, please practice good hand washing habits with your children, remind them to cover their coughs and sneezes, and keep them home if they are experiencing flu-like symptoms. Our area is experiencing a Flu outbreak, and we are working diligently to keep our surfaces and our hands clean at school, but the Flu is proving to be quite contagious.

Please check your child for signs and symptoms of illness before sending them to school. A child who needs a medication for symptoms of illness likely needs to stay home and rest so that they can recover, and so that they don't spread their illness to those around them. Students must be at least 24 hours free from fever (without medication), vomiting and diarrhea, before returning to school. If they still have a persistent cough, then they are likely still contagious. Please do not send them back until their cough is getting better. When in doubt, please reach out to our school nurse or your child's primary health care provider for guidance. For more information about the flu, please visit <https://www.cdc.gov/flu/about/keyfacts.htm>

If your child will be absent for any reason, please remember to email attendance@mbscs.org with the expected dates of absence and the reason. After 3 days of absence for illness, we ask that your child get a doctor's note to return to school.

Counselor Corner

SMARTPHONES ARE ADDICTIVE

New Research shows dependence on your smartphone may produce some of the same addictive brain responses similar to alcohol, drugs, and gambling addictions. Smartphones are like slot machines in your children's pocket constantly persuading them to crave more. The tech industry intentionally designs smartphone apps and social media for people to use for long periods of time because this is how they make their money.



From: [Wait Until 8th](#)

Athletics

Upcoming Basketball Schedule:

Thu, 12/15: Varsity Home v Seaside Christian, 4pm
Thu, 12/15: Varsity Home v Seaside Christian, 5pm
Mon, 12/19: Varsity Boys @Selbyville MS- 4pm, Dismissal- 2:35
Mon, 12/19: Varsity Girls @Selbyville MS- 5:15pm
Concessions will be sold at all Home Games as a fundraiser for 7th and 8th Grades. Please support our students!

HSA News

We are looking for candy cane donations. If you have it in your heart to give, please send them into school and label them, "7th Grade Candy Canes." Thank you.

There are several opportunities both big and small for involvement within the HSA and lots of ways to volunteer at the school. Email us: HSA@mbscs.org

Need to record HSA FIP hours, please use this link:

https://docs.google.com/forms/d/e/1FAIpQLSf3asvXy3e6zHGzl7i_qaAad1ODf4PaGvFBb13in-Qv_F3KcQ/viewform

Calendar of Events:

12/16—Spirit Day, Christmas Accessories

12/16—Spirit Day & Night, Drop & Shop at Berlin Activities Depot from 7-9pm - Still want to come and did not sign up? Stop by Berlin Activities Depot @ 7PM to sign up

1/19— Help Support 7th grade by sending Candy Grams to students and staff. All money and grams due by Monday, 12/19

1/13—Save the Date! 8th Grade is hosting an adults only Putt-Putt tournament. More information to follow.

1/20—Spirit Day and Family B-I-N-G-O Night If you would like to volunteer or sponsor any prizes, please email HSA@mbscs.org

4/28— COLOR Run @ MBS

"Lettuce" Talk about Hot Lunch

This week brought us our last special of 2022; be on the lookout for some great treats and specials in 2023! We trust all our students that purchased the Hot Chocolate Treat enjoyed it. To all of our families that purchased A La Carte Gift Certificates, thank you! You will receive your certificates tomorrow (12/16).

Please note that next week, due to preparations for the Christmas Program, Monday, 12/19, will be the last hot lunch day. We will be serving pizza on 12/19, so be sure to place your order! Milk will still be served on 12/20 and 12/21. However students must bring their own bagged lunch and there will be no A La Carte available on those days.

As Christmas is upon us, we would like to take the opportunity to pause and reflect on the important things around us. Thank you to all of our MBS families, students, and staff; have a peaceful and blessed Christmas and a safe New Year! We look forward to hearing all about the students' adventures when we return in January!

We recommend placing orders for the week on Sunday, by 9:00pm. Please go online to order lunches.

Log in <https://mbscs.ahotlunch.com/login>

school code is 137MBS.

Ms. Clubb and Mrs. Rutzler

Our Theme: One Body in Christ: Part Three—Rights and Responsibilities

Each person has a right to life.

We have a responsibility to protect and respect each person's right to life.

One Body in Christ