

Dolphin Days



Most Blessed Sacrament Catholic School

January 12, 2023

Dolphin Days is a two-page document. If you are viewing it from your device, make sure you click on the image of the Newsletter, and it will open the two pages through a web browser.

As we move forward into this new year, we also explore the fourth theme of Catholic Social Teaching which is Preferential Option for the Poor. When we think about it, all of us suffer poverty in some way at various times in our lives: physically, intellectually, emotionally, socio-economically, or spiritually. Each of us can readily determine specific areas where we are disabled by such poverty. This month's theme calls us to recognize the poverty of others and our own poverty. It is difficult to assist another in poverty unless or until we are aware that we, too, are in poverty in some way and in need of the assistance of others. When we accept our own vulnerabilities, then we can reach out to another because we truly understand what it is to have needs.

SPECIAL NOTE: We are in the process of re-registration. The form was sent home in last weeks Thursday folder. You can access the form by clicking on the **re-registration button** below the Dolphin Days. The returning students and new sibling discount ends January 27, 2023. There have been several changes to the process since last year. The new form serves as the re-registration and tuition contract. Several of our classes are at or approaching capacity. We currently have a waiting list which will be utilized on February 13 when new family registration begins.

Tuition Assistance-Vision for the Future 2023-2024 Applications: If you currently receive any form of tuition assistance or would like to apply for tuition assistance for the 2023-2024 school year, you **MUST** complete the Vision of the Future Application through FACTS. The deadline is January 31, 2023, with no exceptions. If you need

One Body in Christ,
Mrs. Stillman
Principal

“Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate, only love can do that.”

Martin Luther King, Jr.

School News

School Communications: If you are not receiving emails and/or text messages please email Anna Hoge at ahoge@mbscs.org to request the form to sign up for our school messaging system.

Catholic Schools Week: January 29—February 3 we will celebrate Catholic Schools Week. We will kick off our week with an Open House on January 29 from 12:00—1:00pm. Please mark your calendars. The informational sheet outlining the activities for the week will be sent home next Thursday.

Mini Golf Tournament: This Friday, January 13 from 6:30-10pm is our Golf Tournament to benefit the 8th grade. Event is held at the Old Pro Golf on 136st. We will have an afterparty at Ropewalk on 82nd street. Turn in your registration forms with payment to join us for this fun adult night out.



Coming Up

Jan 9: Registration begins for returning students/new siblings, Discount until Jan 27.

Jan 13: Mini Golf Tournament

Jan 16: School Closed

Jan 20: Spirit Day and Family Bingo Night

Jan 29 - Feb 3: Catholic Schools Week

Jan 29: Open House, 12pm-1pm

Jan 31: Vision for the Future, Tuition Assistance Applications are due

Link to school calendar below:

<https://mostblessedsacramentschool.com/md-catholic-private-school-community/catholic-school-parents/k-12-calendar/>





YEARBOOK

Yearbook sales are open today. Please see the flyer attached here or in your family's Thursday folder. We are selling yearbooks online this year. As a reminder, eighth graders receive a yearbook with the cost of their tribute full and half page ads.

We have a few spots available to advertise in the yearbook. Please contact Amanda Evans at 302-236-6703 or amanda.kruper.evans@gmail.com if your interested in this fun opportunity to support our school and leave a legacy for years to come!

Counselor Corner

EXCESSIVE SMARTPHONE USE IS ALTERING CHILDREN'S BRAINS

Initial results from a [groundbreaking study by the National Institute of Health](#) reveal that MRI's found significant differences in the brains of children who use smartphones, tablets, and video games more than seven hours a day. Children who spent an excessive amount of time on screens were found to have a premature thinning of the cortex. That's the outermost layer of the brain that processes information from the five senses. Parents, please use this resource. Band together and delay the smart phone. – Theresa Gabbard

Source -From: <https://www.waituntil8th.org/why-wait>



Athletics

Upcoming Basketball Schedule:

Mon, 1/16: NO School

Wed, 1/18: Girls Practice, 3:00-5:15pm

Thu, 1/19: Varsity Girls Game v Lighthouse Christian, 4pm

Tue, 1/16: No School

Wed, 1/11: Varsity Boys Practice, 3:00-4:45pm

Thu, 1/19: Varsity Boys Game v Lighthouse Christian, 5pm

Concessions are sold at Home Games as a fundraiser for 7th & 8th Grades. Please support our students!



“Lettuce” Talk about Hot Lunch

We will host TWO special treat days this upcoming month; **National Popcorn Day Jan 19th** and **National Chocolate Cake Day Jan 27th**, so be sure to sign up on the app.

New menu items this month include homemade chicken soup and grilled cheese as well as turkey chili with chips! **If there is a menu item you'd like to see drop us a note.**

We recommend placing orders for the week on Sunday, by 9:00pm. Please go online to order lunches. Log in <https://mbscs.ahotlunch.com/login> school code is 137MBS.

As always, any questions or concerns, please contact us Ms. Clubb and Mrs. Rutzler cdruzler@gmail.com

HSA News

There are several opportunities both big and small for involvement within the HSA and lots of ways to volunteer at the school. Email us: HSA@mbscs.org

We are starting to plan for the 2023-24 school year if you are interested if being a part of the HSA please let us know.

Need to record HSA FIP hours, please use this link: <https://tinyurl.com/MBSFIP22>

Calendar of Events:

1/13—8th Grade is hosting an adults only Mini Golf tournament. See flyer in Thursday folders
1/20—Spirit Day and Family **B-I-N-G-O Night** If you would like to volunteer or sponsor any prizes, please email HSA@mbscs.org
4/28— Save the Date! COLOR Run @ MBS

Our Theme: One Body in Christ: Part Four—Preferential Option for the Poor

We care for people who are POOR and vulnerable.

We are aware of the needs of others. We do not use words or actions to attack or harm another.

One Body in Christ