

Dolphin Days



Most Blessed Sacrament Catholic School

February 16, 2023

Dolphin Days is a two-page document. If you are viewing it from your device, make sure you click on the image of the Newsletter, and it will open the two pages through a web browser.

Next week we begin our journey through Lent. This 40-day season of prayer, fasting, and almsgiving begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter. During Lent, we seek the Lord in prayer by reading Sacred Scripture, serve by giving alms, and practice self-control through fasting. We are called not only to abstain from luxuries during Lent, but to a true inner conversion of heart as we seek to follow Christ's will more faithfully. We recall the waters of baptism in which we were also baptized into Christ's death, died to sin and evil, and began new life in Christ. Here at MBS, we will be participating in several activities that will allow us to grow closer to Christ. Please see the handout in today's Thursday folder for a list of Lenten Activities.

As many of you know, our amazing art teacher, Mrs. Gallagher, is expecting a child at the end of this month. Her last day before the baby is born will be February 23. We wish her well as she receives this precious gift from God. While she is out, Mrs. Parsells who currently substitutes for us, will continue the art classes. Mrs. Parsells is a licensed teacher with a variety of classroom experience including the arts. We are so thrilled that she will be helping Mrs. Gallagher during her absence.

Board of Catholic Schools Annual Survey: Please complete this brief survey issued annually by the Board of Catholic Schools. The survey deadline is Friday, February 17. <https://www.surveymonkey.com/r/BCS2023>
The survey is an opportunity to gauge the pulse of parents and guardians regarding Catholic school education in the Diocese of Wilmington. Aggregated results, as well as individual results, will be provided to each school when the survey window closes.

One Body in Christ,
Mrs. Stillman
Principal

School News

MBS Open House, March 3, 2023, from 9-11am:

Please tell your family and friends to join us for our open house. We hope to see many families visiting MBS.

Open Registration began February 13, 2023. If you know of families interested, please have them contact our Admissions Director, Christa Gunther for information and/or a tour at cgunther@mbscs.org or by calling the school office, 410-208-1600.

Hit The Books: Keep reading and make sure to fill in your bookmarks with the four (4) books you have read to earn two (2) Shorebirds tickets.

The **Read-a-Thon** is off to a great start. In the first week, we raised over \$10,400, have 153 students with reading pages, and have 22,531 reading minutes logged. **AWESOME JOB!!** Our goal is to raise **\$16,000!!** Please make sure to create your students' reading page so they can start recording their minutes and earning money for the rewards store and for the school. Thank you to everyone who has already created a page. A Read-a-Thon Activity sheet went home this week. Each student that completes the activity sheet will have their name entered into the pod raffle drawing. The class that raises the most money will have a chance to compete against the faculty and staff in a dodge ball game. Make sure you are posting on social media, sending text messages and emails to friends and family! More prizes to be had by the end of next week.

Coming Up

Feb 3—24: Read-a-Thon

Feb 17: SPIRIT DAY

HALF Day, Noon Dismissal, no lunch

Parent/Teacher Conferences 12:30-4:00pm

Extended Day is from 12-3:00pm

Feb 17: Father/Daughter Dance, 6:00pm-8:00pm

Feb 22: Ash Wednesday, Mass at 1:00pm

Feb 24: Middle School Social, 6:00pm-8:30pm

March 10: SPIRIT DAY

HALF Day, Noon Dismissal, No Aftercare

March 10: Game World, 1:00pm-4:00pm,

Event To Support our 8th Grade Class

Link to school calendar below:

<https://mostblessedsacramentschool.com/md-catholic-private-school-community/catholic-school-parents/k-12-calendar/>



Health Suite

Vision & hearing screenings for all 1st graders and for students new to the school will begin next week. If your child is not new or in 1st grade, but you would like to have them screened, please reach out via email to mlewis@mbscs.org to have them added to a list. If a child does not pass their screening, Nurse Lewis will contact you with more information.



Athletics

Last Wednesday, February 8th, our 3rd-8th grade students participated in the Knights of Columbus Free-Throw Challenge. We would like to congratulate the following people who scored the most free-throws for their age group: **Girls:** Maura Buhrt, Hannah Ipock, Adriana Sanchez-Perez, Julianna Marinelli, Isabella Pascucci, Madelyn MacIntosh, Maleah Blake and Hailey Lewis. **Boys:** Gabe Berardinelli, Callan McCartney, Camden Brady, Donavan McCartney, Luke Houen and Caiden Clark.

These students are invited to compete at the regional competition taking place at St. Francis de Sales in Salisbury, MD on Saturday, February 25th at 10:00am. If they win at the regional competition, they qualify for the March state competition taking place in Laurel, Maryland.

We will have our Winter Sports Recognition on Tuesday, **March 7th at 2:00pm**. All our winter sport athletes will be recognized. We will also give out some individual awards and recognize our coaches.

Winter sport athletes, please wash and return your basketball jersey as soon as possible. Athletes who do not return their jerseys by March 15, 2023 will incur a \$50 replacement charge.

“Lettuce” Talk about Hot Lunch

Lent begins on Ash Wednesday February 22nd. Meat options are not available on Ash Wednesday or Fridays during Lent. Our Friday options include pizza, mac & cheese, brunch without sausage, and our new warm pretzel stick with cheese dip!

Mardi Gras is Tuesday, February 21, place orders for our special cupcake and hot chocolate treat.

If there is a menu item you'd like to see, drop us a note.

We recommend placing orders for the week on Sunday, by 9:00pm. Please go online to order lunches.

Log in <https://mbscs.ahotlunch.com/login>
school code is 137MBS.

As always, any questions or concerns, please contact us Ms. Clubb and Mrs. Rutzler cdrutzler@gmail.com

Counseling Corner

Middle School Parents,
I have spent the last 2 weeks talking with our middle school students about safe phone/online use. Each class is doing research and will present to their class on the following topics: The pros and cons of social media, cyberbullying, how to prevent cyberbullying, how to practice online safety, how phones/social media affect our Mental Health. Parents, I cannot stress enough the importance of having phone/online/social media rules. Please visit these rules often and you can tighten the reigns as needed. I see too often the anxiety in our children due to the use of phones with group texts and apps they should not be using yet. I am always happy to talk to any parent that may need to talk about this topic. Let our kids be kids, visit [Wait Until 8th](#) for more advice.

Love and prayers,
Theresa Gabbard

HSA News

We are starting to plan for the 2023-24 school year if you are interested if being a part of the HSA please let us know.

Email us: HSA@mbscs.org

Need to record HSA FIP hours, please use this link: <https://tinyurl.com/MBSFIP22>

Calendar of Events:

2/17—Spirit Day

2/17—Father/Daughter Dance, 6-8pm @ MBS. If you are interested in helping please email the HSA.

3/10—Spirit Day

8th grade fundraiser, Game World

4/28— **Save the Date!** COLOR Run @ MBS, Help us raise money for the school playground, Sponsorship opportunities

Our Theme: One Body in Christ: Part Five—The Dignity of Work and the Rights of Workers
“It is clear from the very first pages of the Bible that work is an essential part of human dignity. The Lord God took the man and put him in the garden of Eden to till it and keep it.” (Gen 2:15)
If the dignity of work is to be protected, then the basic rights of workers must be protected.
The right to productive work, to decent and fair wages.

One Body in Christ