

Dolphin Days



Most Blessed Sacrament Catholic School

March 16, 2023

Dolphin Days is a two-page document. If you are viewing it from your device, make sure you click on the image of the Newsletter, and it will open the two pages through a web browser.

Sometimes in our relationships with others we confuse the terms “sympathy” and “empathy.” While both words relate to our feelings, and ultimately determine our actions, they stem from two very different attitudes. Empathy is our ability to understand how someone feels. Sympathy is pity or sorrow for another person. Solidarity calls us to empathize with one another. It invites us to stand in another person’s shoes and travel the path the other walks. It is living the life of Christ who chose to stand in our shoes and live in our world with all its joys and challenges. This Lenten season provides us opportunities to recognize those who need us to be “one with” them. Those who desire empathy may be found at home, at work, or in some group to which we belong. Often it is a simple gift of presence, time, listening, or patience that the other desires of us.

Trimester 2 has ended. Report cards are coming home with your child today. Please remember to sign and return the envelopes back to your child’s homeroom teacher.

Bishop’s Visit: On Wednesday, **March 22** Bishop Koenig will say Mass for our school at St. John Neumann Church. Mass will begin at 10:00a.m. and parents are welcome to attend.

One Body in Christ,
Mrs. Stillman
Principal

School News

D.A.R.E Program: We are blessed to have had Deputy Howard, from the Worcester County Police Department, come into MBS over the past several weeks to provide our students with D.A.R.E knowledge. Our kindergarten and 2nd grade students received lessons on the 9-1-1 system and how to use it. Our students in 4th grade received lessons on being a good citizen, rules and laws, the 9-1-1 system and how to use it, and the drug/alcohol resistance program. Our 5th graders had a more extensive 10-day lesson program that included drug and alcohol resistance, peer pressure, risks and consequences, stress, verbal and non-verbal communication, bullying, and helping others. We are grateful for this program and Deputy Howard’s time in teaching our students these very important lessons.

Congratulations to Donovan McCartney for winning 3rd Place in the 7th grade category of the Local 2022-2023 Grand Lodge Americanism Essay Contest. His award is \$75 and a certificate for free chicken dinner with his family at the Ocean City Elks Lodge.

Donations Needed: The middle school science lab is looking for donations of used cookware- small pots and pans, spatulas and mixing spoons, single and/or double-electric burners, pot holders, etc. Kitchen science is an excellent way to teach students certain physical and chemical concepts relating to our world and lives. Anything you can spare would be greatly appreciated!

If you are interested in earning some FIP hours and engaging with our middle schoolers in a fun and engaging way, please consider volunteering for our activity period. For more information, please email amoshfeghian@mbscs.org.

PREPARE YOUR HEART
FOR EASTER ON **APRIL 3, 2023**

RECONCILIATION MONDAY
MONDAY OF HOLY WEEK 3 - 8 P.M.

VISIT A CATHOLIC CHURCH IN DELAWARE
OR MARYLAND’S EASTERN SHORE DURING OUR EXTENDED
CONFESSION HOURS. VISIT CDOW.ORG TO FIND A CHURCH NEAR YOU.

Rehearsals for the entire cast of **Beauty and The Beast** will be each Wednesday and Thursday from 3:00-4:30pm on 3/16, 3/22, and 3/23.

Coming Up

March 16: Report Cards

March 17: St. Patrick’s Day, accessories may be worn

March 21: Crazy Sock Day, Down Syndrome Awareness

March 22: Mass with Bishop Koenig, 10:00am
Students will wear their Formal Uniform

March 30-31: Beauty and The Beast Performance, 7pm

Link to school calendar below:

<https://mostblessedsacramentschool.com/md-catholic-private-school-community/catholic-school-parents/k-12-calendar/>

Health Suite

If your student will be absent or arriving after 9:00am, please contact the Health Suite at attendance@mbscs.org or call the school office.

ROCK YOUR SOCKS DAY

Next Tuesday, March 21 is Rock Your Socks Day, in celebration of World Down Syndrome Day.

We have Rock Your Socks for sale. They are \$5 a pair. If you have your own pair of socks to wear on 3/21, please bring in \$2 to participate in our school wide Down Syndrome Awareness Day. 100% of the proceeds go to the Down Syndrome Association of Delaware. Please see flyer in your child's Thursday Folder.



FIP HOURS

If you are looking for ways to complete your FIP Hours, please consider coming in to organize the Used Uniform Closet. If you love to organize, this is a great option for YOU!

Please email HSA@mbscs.org to coordinate a time.



LAST CALL FOR YEARBOOK PURCHASES

There are less than 15 yearbooks available for purchase. Place your orders before the supply runs out. Cost is \$45+tax. <https://tinyurl.com/BuyMBSYearbook>



"Lettuce" Talk about Hot Lunch

TOMORROW we will celebrate St. Patrick's Day with a special sweet treat! Don't forget to order on the app tonight by 8pm!

We will celebrate Maryland Day on Friday March 24th (officially Saturday March 25) with a yummy Old Bay French Fries special!

In celebration of our amazing drama department production of Beauty and the Beast Jr. we will have bagged lunches in our classrooms on Wednesday - Friday, March 29th - 31st. **Please note, students will not have access to microwaves nor will we have a la carte on these days.** (bagged lunches will come with a delicious dessert!). Milk will be delivered to classrooms with the bagged lunches.

We recommend placing orders for the week on Sunday, by 9:00pm. Please go online to order lunches. Log in <https://mbscs.ahotlunch.com/login> school code is 137MBS.

As always, any questions or concerns, please contact Ms. Clubb and Mrs. Rutzler cdrutzler@gmail.com



Athletics

Softball Season



Upcoming Softball Schedule:

Tu, 3/21: Practice, 3:15-4:45pm
Th, 3/23: Game, Home v. Seaside Christian, 4:00pm @ Showell Park

HSA News

We are starting to plan for the 2023-24 school year if you are interested in being a part of the HSA please let us know. Email us: HSA@mbscs.org

Need to record HSA FIP hours, please use this link: <https://tinyurl.com/MBSFIP22>

Calendar of Events:

4/28- Save the Date! COLOR Run @ MBS, Help us raise money for the school playground, Sponsorship opportunities available.



Our Theme: One Body in Christ: Part Six—Solidarity

"Living in right relationship with others brings peace." (Psalms 72)

Solidarity is our call. We are one human family whatever our differences. We are our brother's and sisters' keepers, wherever they may be. At the core of the virtue of solidarity is the pursuit of justice and peace.

One Body in Christ