Dolphin Days

Most Blessed Sacrament Catholic School



Dolphin Days is a two-page document. If you are viewing it from your device, make sure you click on the image of the Newsletter, and it will open the two pages through a web browser.

The four weeks of Advent have us reflecting on Hope, Peace, Love and Joy. It's a penitential time full of reflection, excitement, and hope as we prepare to celebrate his birth. In Advent, we learn that God is the basis of hope. It helps us to see with fresh eyes that our eternal goal is already in progress because Christ is here with us. Each Monday at MBS, we will reflect upon the advent wreath and celebrate what is to come. The people of Israel waited many centuries for the special event; the birth of the Messiah. During this Advent season, we can learn from their experience of hope by knowing that his love for us increases our desire for Him and thus increases our Hope.

Students in 3-8th grade will have the opportunity to attend Reconciliation on Monday, December 4th,

Report cards and Renaissance Star Test results will be distributed on December 7. Please note that this is the last Trimester that report cards will be distributed in a paper format. In the future, report cards will only be accessible through PowerSchool. Additional instructions will be included with the report cards.

We will have our annual Nativity Play at 9:00am on December 12. Please join us in this beautiful tradition.

Let Us Build the Kingdom of God Mrs. Stillman

Annual Appeal
Please consider giving a gift to this year's Annual School Fund. We are inviting all our families and community members to praverfully discern how you can help support our school. Our goal this year is 100% participation from our families. No gift is too big or too small. To participate return the commitment card that was mailed to your home of go to our website www.mostblessedsacramentschool.com click on Annual School Fund.

Thank you in advance for your generosity and support of MBS. Give a gift that will impact the lives of our future.



Spotlight

Meet the chef behind the delicious lunch meals at MBS.

Lorena Trinidad relocated from Mexico City to Delaware 30 years ago. She integrated her passion for cooking and nutrition to start a catering food truck business, Squash Blossom. Her food truck is



open during the summer months making it perfect for her to join our school.

Becoming the chef at MBS, to provide healthy and delicious meals to our students, is a perfect way for Lorena to share her passion and expand her business. She is thrilled to be at MBS to serve the students, faculty, and staff. Don't forget to sign up to volunteer in the cafeteria, you will be in for a treat to share a meal by Lorena.

Coming Up

Nov 27- Dec 15: Renaissance Star Assessment

Dec 7: Report Cards

Dec 8: Mass, Immaculate Conception

Dec 12: Nativity Program, 9:00am

Dec 13: Piano/Band Recital, 6:30pm

Dec 14: Mass, 1:00pm

Dec 15: Spirit Day, Spirit shirt with PE sweatpants, Students may wear Christmas accessories

Dec 21: Mass. 1:00pm

Dec 21: Christmas Program, 6:30pm

Dec 22: Half Day, 12:00pm dismissal, No extended

Dec 25-Jan 2: Holiday Break, School Closed

Jan 3: School Reopens

Link to school calendar below:

https://mostblessedsacramentschool.com/mdcatholic- private-school-community/catholicschool-parents/k-12- calendar/

Health Suite

Hello parents! I hope everyone had a great Thanksgiving. Did you know during the fall and winter months the air is much more dry. Placing a humidifier in your student's room at night has multiple benefits. This can help to decrease nosebleeds, chapped lips, dry skin, sore throats, and ease sinus congestion and allergy symptoms. Ensure your child uses a moisturizing lotion and chapstick to keep dry skin away. It is also crucial to hydrate from the inside out by ensuring your child is drinking enough water during the day. Please help your student remember to bring their water bottle each day. If your student has a locker, encourage them to keep a water bottle in there and fill it up each morning. Remember to email attendance@mbscs.org if your child will be absent or late.



Athletics

Concessions during the HOME games will include pizza, hot dogs, pretzels, drinks, and other snacks. Please bring cash for concession purchases.

Upcoming Basketball Schedule: Bovs JV

Tue, 12/5: Practice 3:00 to 4:45pm
Tue, 12/12: Late Practice 4:45 to 6:15pm
Wed, 12/13: Home v. Seaside Christian, 5pm

Boys Varsity

Thurs, 12/7: Practice 3:00 to 4:45pm Tue, 12/12: Practice 3:00 to 4:45pm Thurs, 12/14: Home v. Holly Grove, 5pm

Girls JV

Mon, 12/4: Practice 3:00 to 4:45pm Mon, 12/11: Late Practice 4:45 to 6:15pm Wed, 12/13: Home v. Seaside Christian, 4pm

Girls Varsity

Wed, 12/6: Practice 3:00 to 5:15pm Mon, 12/11: Practice 3:00 to 4:45pm Thurs, 12/14: Home v. Holly Grove, 4pm



HSA News

It is the most wonderful time of the year and we are so excited to get into the Christmas Spirit with some great events this December. See below for details and volunteer opportunities!

Lunchtime volunteers are needed daily. See how amazing the new hot lunch program is and help make lunch time run smoothly. Please sign up here: https://www.signupgenius.com/go/608044BAEA72FA4F49-46377282-lunch#/

Calendar of Events:

Dec 4-7: Lil' Shoppers Christmas Shoppe. Volunteer sign up here: https://www.signupgenius.com/

go/60B044BADAB2CABF85-46244864-lil#/

Dec 7: Berlin Christmas Parade @ 7pm Join our float! Participants/Chaperones, sign up: https://www.signupgenius.com/go/608044BAEA72FA4F49-berlin#/

Dec 15: Spirit Day, Spirit shirt with PE sweatpants, Students may wear Christmas accessories.

Jan 12: Family Bingo Night Save the date! Interested in helping, sign up here: https://www.signupgenius.com/ go/60B044BAEA72FA4F49-family#/

Need to record FIP Hours? Click here: https://tinyurl.com/MBSFIPHrs23

Our Theme: Let Us Build the Kingdom of God

The Beatitudes

November/December: Blessed are the meek, for they will inherit the land. Virtue—Humility