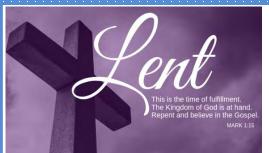
Dolphin Days

Most Blessed Sacrament Catholic School



Dolphin Days is a two-page document. If you are viewing it from your device, make sure you click on the image of the Newsletter, and it will open the two pages through a web browser.



Lenten Activities Schedule

March 4: Confessions for grades 2-8, 10:00am

March 14: Rosary prayed, in church, after the 1:00pm Mass, 1st—8th grades

March 18-22: Classes will pray the Stations of the Cross at MBS.

March 21: World Down Syndrome Day, Rock Your Socks Day, \$5 to purchase mismatched socks, \$2 to wear your own mismatched socks.

March 27: Sacred Silence throughout the morning. The 8th grade will perform Shadow Stations, 9:00am

In February, we are focusing on the virtue of Mercy. When we read the Gospels, we are overwhelmed by the presence of mercy in the teaching and actions of Jesus. The Gospel accounts demonstrate for us this primary act of charity to which we are called this Lent. Throughout the upcoming forty days we are challenged to show mercy in a variety of ways toward family, friends, neighbors, and strangers. At the end of each day, let us take time to reflect on the ways we have brought mercy into the lives of others and to be grateful for the ways others have given us the gift of mercy in our lives.

Let Us Build the Kingdom of God Mrs. Stillman

Principal

MBS Kicks Off Read-A-Thon and Hit the Books



Please remember to register your student(s) for this year's Read-A-Thon. Once registered, they can start recording their reading minutes and collecting donations. We will have a dodge ball game for the class that raises the most donations. Help us reach our goal of \$20,000!



Every student that reads four (4) books from now until February 23 will receive 2 free tickets to a Delmarva Shorebirds game. Make sure to fill out the bookmarks and return to school by Feb 23. We hope to collect 100 bookmarks!

Contact Mrs. Gunther at cgunther@mbscs.org for information or questions about these events.

Coming Up

Feb 16: Half Day, Noon Dismissal, Aftercare until 3pm Feb 16: Parent/Teacher Conferences 12:30-4:00pm

Feb 16: Father/Daughter Dance, 6:00-8:00pm

Feb 19: School Closed

Feb 22: Mass, 1:00pm

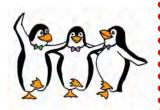
Feb 23: Middle School Dance, 6:00-8:30pm

Feb 29: Mass, 1:00pm March 1: Trimester 2 Ends March 4: Confessions, 10:30am

March 4-22: Renaissance Star Assessment

Link to school calendar below:

<u>https://mostblessedsacramentschool.com/md-catholic-private-school-community/catholic-school-parents/k-12-calendar/</u>



Health Suite

Hello parents! The Lions Club will be here February 20th to conduct free vision screenings. PreK, kindergarten, 1st, 2nd, 4th, 7th, and 8th grades will all be completed. If you have a concern regarding your child's vision and they are not in either of those grades, please send an email to either your child's teacher or myself at cwilkinson@mbscs.org. If you would like to decline the screening, please email either your child's teacher or myself. Please see flyer in the Thursday folder for more information.

Online YEARBOOK Sales begin TODAY!

Be sure to order your MBS 2023-2024 yearbook at the early-bird rate of \$40 until March 2nd. The rate will increase to \$45 after March 2nd. See the flyer in your Thursday folder or click on the link below. Online purchases will have a small service fee. Reminder: All 8th grade students that have a tribute ad running in that yearbook will **not** need to purchase a yearbook, as one is included with their ad fee.

https://www.jostens.com/apps/store/productBrowse/1461083/Most-Blessed-Sacrament-School/2024-Yearbook/2024012504161633089/CATALOG SHOP/

Yearbook Ads Leave Lasting Impressions: Calling all business owners!! We are currently seeking yearbook business ads and we'd love to include yours. If you're interested, call or email Amanda Evans at 302-236-6703 or amanda.kruper.evans@gmail.com. Space is limited, so reach out right away.

Athletics

Congratulations to our **varsity** (8th) **boys basketball team** for finishing the season undefeated (11-0) and winning the Salisbury Christian basketball tournament! Nicky Soares (8th) won tournament MVP and Max Behornar (8th) made the all-tournament team. I want to thank Coach Scot Eberly for all his hard work this basketball season. He has led our boys team for many years and we are lucky to have him here.

Our **winter sports recognition** will take place on Thursday, February 29th at 2:00pm. We will celebrate all our winter sport basketball athletes and give out some individual awards. Parents are encouraged to attend.

The **Marine Corps Fitness Challenge** for our 3rd-8th graders will take place throughout the day on Friday, March 8th. Students in each grade level will perform 5 different fitness challenges (push-ups, sit-ups, pull-ups, standing long jump, 300-yard dash). The top three overall in each grade level will receive a medal.

We will start the **softball season** with practices the week of April 8-11. Parents of girls interested in playing should email Mr. Haskell at <u>jhaskell@mbscs.org</u>. 5th-8th graders may play.

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Counseling Corner

Parents, this month, as I visit all grades, we will be working on feelings, our mental health and learning healthy coping tools.

Parents, please take the time to read and print this out. It is a very important tool to help parents have conversations with our children about Social Media.

 $\underline{\text{http://tinyurl.com/Wait-Until-8-SocialMediaGuide}}$

(squarespace.com)

Parents, please use this resource for tools and advice to prolong the introduction of smartphones and other devices. Smartphones and social media are negatively impacting our children's mental health. Let's work together to delay the introduction of smartphones and social media.

https://www.waituntil8th.org/wait-until-8th-essentials

HSA News

Feb 16: Spirit Day!

Wear your MBS Spirit wear with uniform bottoms and uniform shoes/tennis shoes.

Feb 16: Father-Daughter Dance, 6:00pm

Father and Father figures are invited to enjoy a night with their daughter(s) at MBS. If interested in volunteering or donating, please sign up:

http://tinvurl.com/MBSFather

March 15: Game World Fundraiser for 8th grade, 4:00-8:00pm

April 19: Mother-Son Event

Help us plan a special night for moms and sons. Email <u>HSA@mbscs.org</u> to join the planning committee.

May 3: Color Run—SAVE THE DATE

Need to record FIP Hours? Click here: https://tinyurl.com/MBSFIPHrs23

Our Theme: Let Us Build the Kingdom of God

The Beatitudes

February: Blessed are the merciful, for they will be shown mercy.

Virtue—Mercy