

# Dolphin Days



Most Blessed Sacrament Catholic School

February 22, 2024

**Dolphin Days is a two-page document. If you are viewing it from your device, make sure you click on the image of the Newsletter, and it will open the two pages through a web browser.**



## Lenten Activities Schedule

- March 4:** Confessions for grades 2-8, 10:00am
- March 14:** Rosary prayed, in church, after the 1:00pm Mass, 1st—8th grades
- March 18-22:** Classes will pray the Stations of the Cross at MBS.
- March 21:** World Down Syndrome Day, Rock Your Socks Day, \$5 to purchase mismatched socks, \$2 to wear your own mismatched socks.
- March 27:** Sacred Silence throughout the morning. The 8th grade will perform Shadow Stations, 9:00am

Last week, we began our journey through Lent by burying the Alleluia and receiving ashes. As we repent for our sins, we seek ways to grow more closely with Christ. The Alleluia will lie dormant as we prepare our hearts for conversion. At the affirmation of the Resurrection, we will burst forth with joy-praise Yahweh. In the meantime, we look for opportunities to grow deeper in prayer, we sacrifice time, money, and resources to those in need, and we practice versions of self-control.

**Trimester 2:** The end of the trimester is March 1st. Please have your students review their grades in PowerSchool and check with their teachers regarding any questions.

The third round of **Renaissance testing** will begin the week of March 4.

**Annual Appeal:** Beginning in April we will have additional raffle items to give away to any family that donates to the Annual Appeal Fund. More information about the raffle items will be shared in March.

Let Us Build the Kingdom of God  
*Mrs. Stillman*  
Principal

## Online YEARBOOK Sales

Be sure to order your MBS 2023-2024 yearbook at the early-bird rate of \$40 until March 2nd. The rate will increase to \$45 after March 2nd. Online purchases will have a small service fee. **Reminder:** All 8th grade students that have a tribute ad running in that yearbook will **not** need to purchase a yearbook, as one is included with their ad fee.

[https://www.iostens.com/apps/store/productBrowse/1461083/Most-Blessed-Sacrament-School/2024-Yearbook/2024012504161633089/CATALOG\\_SHOP/](https://www.iostens.com/apps/store/productBrowse/1461083/Most-Blessed-Sacrament-School/2024-Yearbook/2024012504161633089/CATALOG_SHOP/)

## Read-A-Thon and Hit the Books

We have three classes coming in very close for winning the dodge ball game.... 5th with \$2,286, Kindergarten with \$2,285, and 3rd with \$1,510. Get those donations in! We can't wait to see which class ends up with the most money raised. And we have now added a fabulous prize package (Hydro 36" Zapper body board, K-Coast hat, Dumsers gift card, and OC sweatshirt) for *the student* with the most donations. We have raised \$11,800 towards our \$20,000 goal! While the Read-A-Thon ends on Friday, Feb 23, the site will remain open for donations until March 1st.



Make sure to fill out the bookmarks and return to school by Feb 23 to receive your 2 free tickets to a Delmarva Shorebirds game. Our goal is to receive 100 bookmarks!

## Coming Up

- Feb 23:** Middle School Dance, 6:00-8:30pm
- Feb 29:** Mass, 1:00pm
- March 1:** Trimester 2 Ends
- March 4:** Confessions, 10:30am
- March 4-22:** Renaissance Star Assessment
- March 11:** No school for students. Professional Development Day for teachers
- March 14:** Report Cards
- March 14:** Mass, 1:00pm

Link to school calendar below:

<https://mostblessedsacramentschool.com/md-catholic-private-school-community/catholic-school-parents/k-12-calendar/>



## Health Suite

Vision screenings were done by the Lions Club this past Tuesday, February 20<sup>th</sup>. If your child received a “refer” result, an email was sent home along with two papers. If you aren't sure of your child's result, do not hesitate to reach out.

To help the prevention of spreading illness, your student must be fever free for 24 hours without the use of medication before returning to school.

As always, email [attendance@mbscs.org](mailto:attendance@mbscs.org) if your child will be absent or late.

## Athletics

Our 4-8<sup>th</sup> grade students will participate in the **Knights of Columbus Free Throw Challenge** here at MBS on Friday, February 23<sup>rd</sup>. Students in these grades should wear their PE uniform and good athletic shoes to school even if they do not have PE.

Our **winter sports recognition** will take place on Thursday, February 29<sup>th</sup> at 2:00pm. We will celebrate all our winter sport basketball athletes and give out some individual awards. Parents are encouraged to attend.

The **Marine Corps Fitness Challenge** for our 3<sup>rd</sup>-8<sup>th</sup> graders will take place throughout the day on Friday, March 8<sup>th</sup>. Students in each grade level will perform 5 different fitness challenges (push-ups, sit-ups, pull-ups, standing long jump, 300-yard dash). The top three overall in each grade level will receive a medal.

We will start the **softball season** with practices the week of April 8-11. Parents of girls interested in playing should email Mr. Haskell at [jhaskell@mbscs.org](mailto:jhaskell@mbscs.org). 5<sup>th</sup>-8<sup>th</sup> graders may play.

**Uniform Return:** Please return any MBS jerseys used for the basketball season. Families will be billed \$50 through FACTS at the end of the academic year for any jerseys not returned.

## Counseling Corner

Parents, this month, as I visit all grades, we will be working on feelings, our mental health and learning healthy coping tools.

**Parents, please take the time to read and print this out. It is a very important tool to help parents have conversations with our children about Social Media.**  
<http://tinyurl.com/Wait-Until-8-SocialMediaGuide>  
(squarespace.com)

Parents, please use this resource for tools and advice to prolong the introduction of smartphones and other devices. Smartphones and social media are negatively impacting our children's mental health. Let's work together to delay the introduction of smartphones and social media.  
<https://www.waituntil8th.org/wait-until-8th-essentials>

## HSA News

**March 1: TOAST Dine & Donate Fundraiser** to support our 7th Grade. Place orders by Monday, February 26.

**March 15:** Game World Fundraiser for 8th grade, 4:00-8:00pm

**March 15: Spirit Day!**

Wear your MBS Spirit wear shirt with uniform bottoms and uniform shoes/sneakers.

**April 19:** Mother-Son Event

Help us plan a special night for moms and sons. Email [HSA@mbscs.org](mailto:HSA@mbscs.org) to join the planning committee.

**May 3:** Color Run—SAVE THE DATE

Need to record FIP Hours? Click here:  
<https://tinyurl.com/MBSFIPHrs23>

Interested in joining the HSA next year?  
Email [hsa@mbscs.org](mailto:hsa@mbscs.org)

***Our Theme: Let Us Build the Kingdom of God***

*The Beatitudes*

*February: Blessed are the merciful, for they will be shown mercy.*

*Virtue—Mercy*