

DECEMBER 4

Focus

Have you ever looked up at the night sky and tried unsuccessfully to focus on a particular star, only to have the star, only to have the star leap into clarity the moment you shifted your vision a little to one side? Science tells us that this phenomenon has something to do with the rods and cones in our eyes, as well as the way our night vision has evolved, but none of that matters when we're trying to see a star. All that matters is that we learn how to look a bit off to the side of the celestial body we want to see and focus on it with our peripheral vision.

Taking our direct sight off an object in order to see it more clearly often works in our spiritual life and our relationship with God as well. If we're having trouble figuring out God's will for our life, maybe we need to focus a bit off to one side — say, on Mary — instead of trying to stare directly in the face of God.

It's ironic, but by looking at Mary and her example, we may be able to see more clearly what God would want us to see. It's as if God suddenly comes into focus, just as a star comes into sight when we stop looking for it. When we stop trying so hard to see, we're actually able to see more clearly.

*Do I have difficulty discerning God's will for my life?
Could it be that I'm trying too hard?*

I BELIEVE THAT I'LL SEE WHAT GOD WANTS ME TO SEE.

365 MARY
A DAILY GUIDE TO
MARY'S WISDOM & COMFORT
WOODEENE KOENIG – BRICKER